

 2018 TRAVEL MANITOBA INSPIRATION GUIDE

Manitoba



travelmanitoba.com

Manitoba
CANADA'S HEART  BEATS

Cash

THAT'S YOUR REWARD



In 2017 we issued almost \$28 million in cash payments to member-owners based on patronage, and a total of over \$203 million in the past five years.



Red River

YOUR FULL SERVICE
AUTOMOTIVE EXPERTS

IT'S ALL HERE!



It's all here.

PEMBINA

CHRYSLER DODGE JEEP

SUPERSTORE

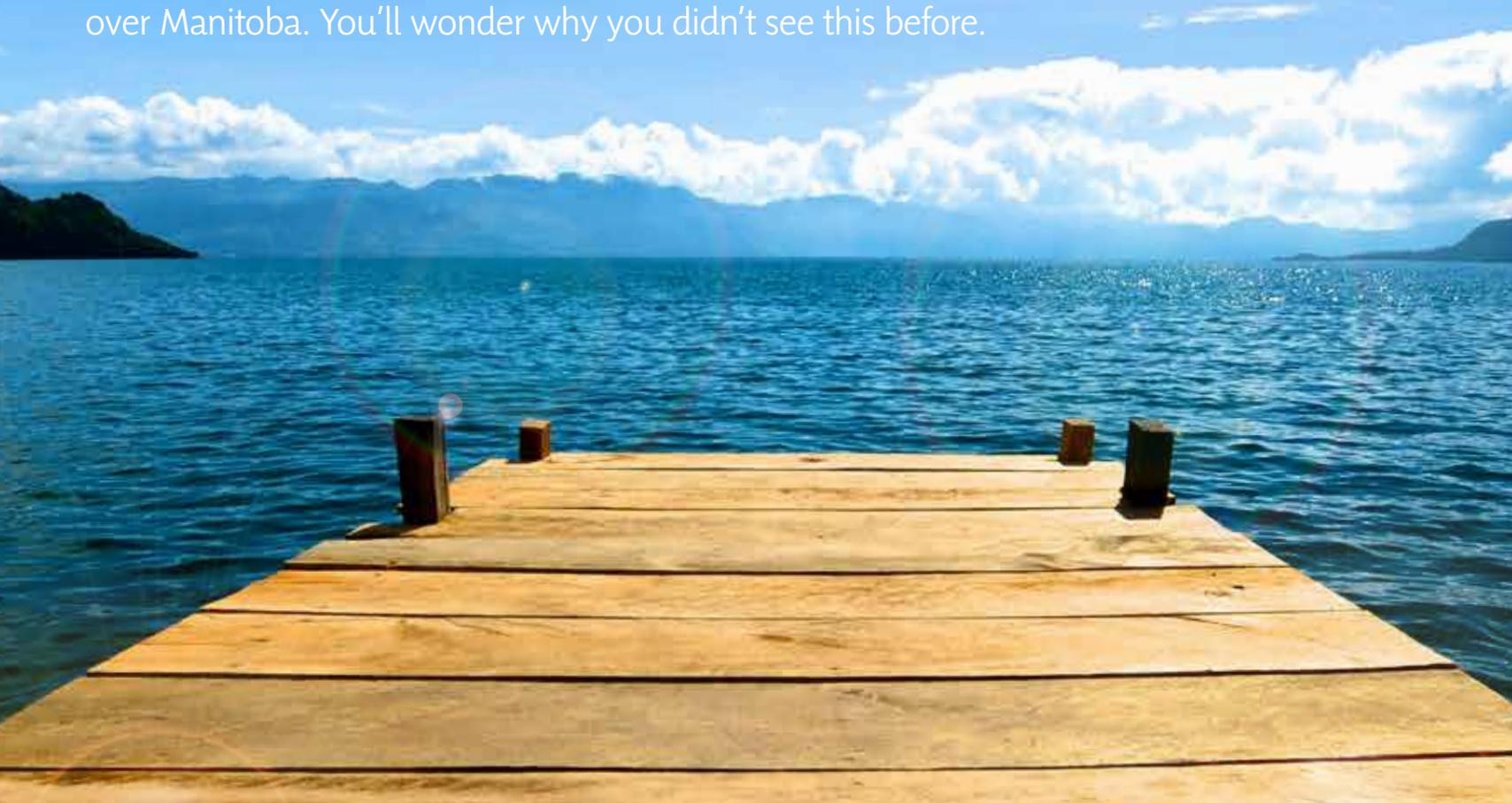
CONTACT US:

pembinachrysler.com

(855) 725-8302

Go anywhere. Stay with Lakeview.

You might not see this out your window, but our hotel experience is just as serene. We've got clean, comfortable facilities and thoughtful amenities all over Manitoba. You'll wonder why you didn't see this before.



LakeviewHotels.com • 1.877.355.3500



LAKEVIEW
Hotels & Resorts®

•Winnipeg • Brandon • Gimli • Hecla • Thompson •

ON THE COVER



Pisew Falls photo by
Instagram contest winner Cody Landry
@codybrianlandry

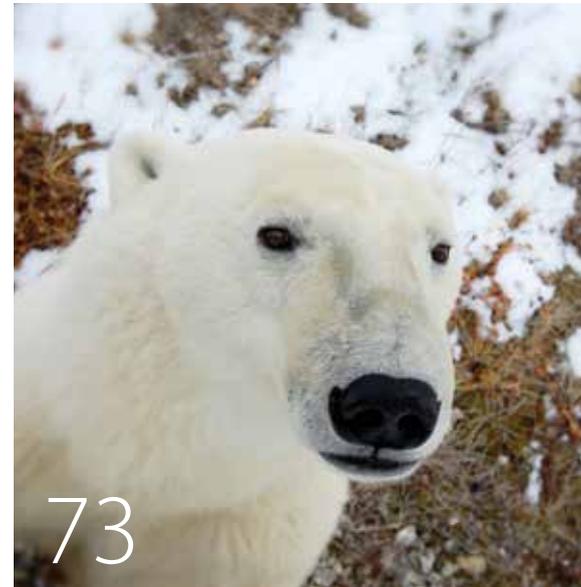


TABLE OF CONTENTS

4 MANITOBA REGIONS

BIG CITY WINNIPEG

Manitoba's capital city is the biggest urban centre in the Canadian Prairies, with a population almost equal to that of the state of North Dakota and bigger than Regina and Saskatoon combined. Home to diverse multicultural communities and one of the country's most respected arts and culture scenes, Winnipeg is also known for great food, interesting history and incredible events that keep the city hopping all year long.



NORTHERN ADVENTURES

North of the 53rd parallel is a region of Manitoba that is as vast as it is diverse. As the swaths of boreal forest give way to the expanse of the tundra, promises of adventure await. Dig deep into Canadian history, experience Indigenous culture and be awed by majestic wildlife and the northern lights that dance above it all.

86 FESTIVALS & EVENTS

Our lively gatherings celebrate everything from our love of music to our mosaic of cultures. Come dance, eat and be entertained all year long while truly getting know Manitoba.

91 VISITOR INFORMATION

92 ABOUT MANITOBA

94 PACKAGES & DEALS



Photo: Aaron Cohen

37 RURAL CHARM

Venture past the Perimeter Highway, the ring road that encircles the city of Winnipeg, and be amazed at the vibrant encounters along the way: bold open skies and bright prairie fields, plus communities large and small filled with interesting art and history, food and farms and of course, friendly people.

PARKS & WILDLIFE

Is there anything more thrilling than a wildlife encounter? Is there anything more calming than watching a sunset over the lake? Manitoba's parks and wild places are where you'll have as many heart-pounding moments as you'll make lifelong memories.

~ Nopiming Provincial Park

Photo: Kristin Addis, Be My Travel Muse



Call this toll-free number: **1-800-665-0040** (or 204-927-7838 in Winnipeg) for free literature (from Travel Manitoba and private suppliers), information and personalized travel counselling, or write: **Travel Manitoba, 21 Forks Market Road Winnipeg, Manitoba R3C 4T7** Free Distribution/Printed in Canada

Si vous voulez obtenir des publications gratuites (provenant de Voyage Manitoba et de compagnies privées), des renseignements et des conseils touristiques personnalisés, veuillez appeler le numéro sans frais indiqué ci-dessus **1-800-665-0040** (ou le 204-927-7838, à Winnipeg), ou écrire à : **21, chem. Forks Market Winnipeg (Manitoba) R3C 4T7** Distribution gratuite/Imprimé au Canada

Manitoba
CANADA'S HEART  BEATS

While care has been taken in the creation of this publication, the information in this publication comes from sources outside of Travel Manitoba. Travel Manitoba provides this publication as a public service and individuals should confirm any information with the individual operator before acting on it. Travel Manitoba, its directors and employees:

1. are not liable for damages, injury, losses or costs of any kind, arising from the use of or reliance on any information in this publication;
2. make no representation, warranty or assurance, express or implied, in relation to the accuracy or currency of the information in this publication; and
3. do not provide a recommendation for any businesses or services referred to in this publication or their suitability for a particular purpose.

MANITOBA REGIONS

In the heart of Canada, Manitoba's landscape is as varied as its people are friendly, its adventures are epic, its culture is vibrant.



WINNIPEG

Here, in a city built around the place where two rivers meet, a thriving arts scene converges with pristine green spaces. Skate along the river, dine in some of the country's best restaurants, marvel at architectural wonders and cheer on the home team in this charming city.

STAR CELEBRATIONS

Festival du Voyageur
Folklorama
Manito Ahbee Festival
Le Marché St. Norbert
Farmer's Market
Red River Exhibition
Winnipeg Folk Festival

STAR ATTRACTIONS

Assiniboia Downs
Assiniboine Park & Zoo
Canadian Museum for Human Rights
Children's Museum
Club Regent Casino
Dalnavert Museum
The Forks National Historic Site of Canada
Fort Gibraltar
FortWhyte Alive
La Maison Gabrielle Roy
Manitoba Museum
Manitoba Legislative Building
Musée de Saint-Boniface
McPhillips Station Casino
Rainbow Stage
Royal Aviation Museum of Western Canada
Royal Canadian Mint
Trappist Monastery Ruins
Winnipeg Art Gallery



EASTMAN

Lake shores and boreal forests are the feature of this all-season Canadian Shield playground. Ski into a resort cabin, lounge on a white sandy beach, discover Manitoba's largest French communities and the history of the prairie pioneer.

STAR ATTRACTIONS

Birds Hill Provincial Park
Cooks Creek Heritage Area
Grand Beach Provincial Park
Mennonite Heritage Village, Steinbach
South Beach Casino, Scanterbury
Whiteshell Provincial Park

POPULAR EVENTS

Winterfest & Muck Jam,
Powerview - Pine Falls and St. Georges
Kleefeld Honey Festival



CENTRAL MANITOBA

This fertile greenbelt is a land of legends and history – including the prehistoric fossils of ancient marine reptiles. Follow the flight paths of migrating birds as sweeping valley views are enjoyed along with the bounty of Manitoba's rich agricultural legacy.

STAR ATTRACTIONS

Canadian Fossil Discovery Centre, Morden
Fort la Reine Museum, Portage la Prairie
Manitoba Agricultural Museum, Austin

STAR CELEBRATIONS

Carman Country Fair
Manitoba Stampede & Exhibition, Morris
Manitoba Threshermen's Reunion & Stampede, Austin
Morden Corn & Apple Festival

> **Strolling the beaches of
Heda Provincial Park**

Photo: George Fischer Photography



WESTMAN

The retreat of the last glacier shaped the landscape here, with rolling hills reaching high above the prairie and towering sand dunes a reminder of an ancient lake. Celebrate heroism, peace and the power of art throughout the Westman region.

STAR ATTRACTIONS

Commonwealth Air Training
Plan Museum, Brandon
International Peace Garden
Margaret Laurence Home, Neepawa
Outdoor Art Gallery, Boissevain
Riverbank Discovery Centre, Brandon
Royal Canadian Artillery
Museum, Shilo
Souris Swinging Bridge
Spruce Woods Provincial Park
Westman Reptile Gardens,
Douglas

POPULAR EVENTS

Westman Multicultural Festival,
Brandon
Rockin' The Fields of Minnedosa



INTERLAKE

Nestled between two inland oceans – Lake Winnipeg and Lake Manitoba – this is where naturalists, history buffs and artists flock. Beaches, boating and birding are highlights as Viking blood runs deep here.

STAR ATTRACTIONS

Arborg Multicultural
Heritage Village
Hecla Provincial Park
Lower Fort Garry National
Historic Site of Canada
Marine Museum of
Manitoba, Selkirk
New Iceland Heritage
Museum, Gimli
Oak Hammock Marsh
Interpretive Centre
St. Peter Dynevor Anglican Church,
RM of St. Clements
Stonewall Quarry Park

STAR CELEBRATIONS

Icelandic Festival of Manitoba, Gimli



NORTH

This massive part of the province is home to Manitoba's most impressive wildlife: polar bears, beluga whales, wolves, caribou and birds of every description. Admire the northern lights after a day learning about Indigenous culture and experiencing the hospitality of the North.

STAR ATTRACTIONS

Churchill
Heritage North Museum, Thompson
Pisew Falls-Kwasitchevan Falls
Sam Waller Museum, The Pas
Snow Lake Mining Museum
Spirit Way, Thompson

POPULAR EVENTS

Thompson Nickel Days
Hudson Bay Quest,
Gillam to Churchill



PARKLAND

Climb Manitoba's highest mountain, ski along winding trails through scenic forests and enjoy an "on the fly" encounter on stocked lakes. Take in a cultural festival and discover a shared history at a historic site.

STAR ATTRACTIONS

Assessippi Ski Area & Resort
Fort Dauphin Museum
Inglis Grain Elevators National
Historic Site
Riding Mountain National Park
of Canada

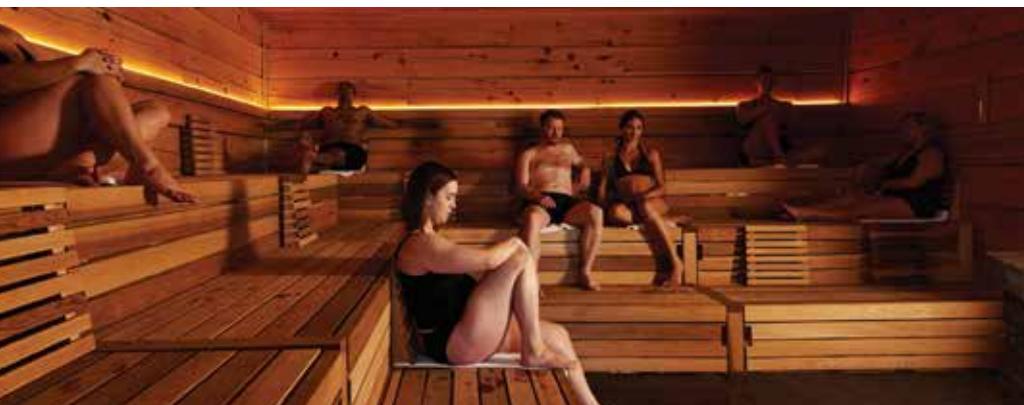
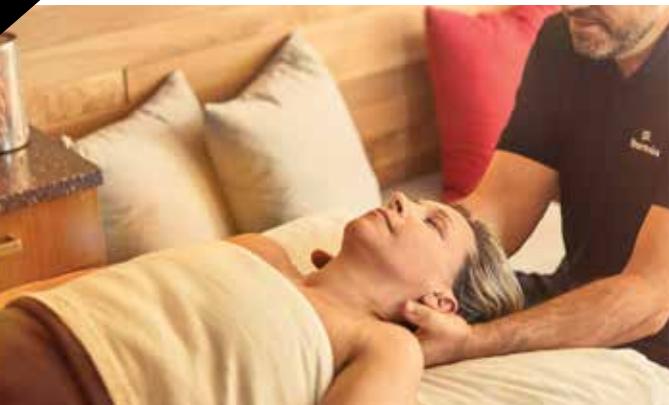
POPULAR EVENTS

Manitoba Maple Syrup
Festival, McCreary
Northwest Roundup &
Exhibition, Swan River

+ See a full list of regional attractions
and events at travelmanitoba.com

HOTEL PACKAGES WITH
ACCOMMODATION AVAILABLE


by Nordik Spa-Nature



BEYOND RELAXATION

Outdoor baths - Hot, temperate and cold | Dry and steam saunas
Indoor and outdoor relaxation areas | Exfoliation room
Massages | Body treatments | Terrace | Restaurants

IN WINNIPEG / OPEN 7 DAYS A WEEK / RAIN OR SHINE



BIG CITY WINNIPEG



Downtown Winnipeg photo
by Instagram contest winner Kevin Doan
[@kdoan.photography](https://www.instagram.com/kdoan.photography)



EXPERIENCE WINNIPEG'S *Wildest* ATTRACTION



Every Winnipeg adventure starts at Assiniboine Park Zoo

Nestled in the heart of the city, Assiniboine Park Zoo is Winnipeg's premier destination for amazing animal encounters, wild adventures, and four seasons of fun.

Let the adventure begin!

assiniboineparkzoo.ca

ZOO
Assiniboine Park

BACK to WINNIPEG

Why more and more families are making Winnipeg their year-round getaway



While Winnipeg is earning a reputation as a hidden gem of a tourist destination full of hip eateries and cool cultural attractions, this prairie city remains a perfect place for a weekend road trip for families. And here's why:

Attractions just for kids. Put the **Children's Museum** located at The Forks at the top of your list – it's perfect for toddlers up to school age kids. They love to climb through a pile of noodles in the Lasagna Lookout, play train conductor and make a water maze in the Splash Lab.

The colourful terrain of the **Nature Playground** at **Assiniboine Park** is where kids can run wild. They can slide down from the sky-high crow's nest, run through a tunnel of willows and do what kids do best: get dirty in the sand and water area.

Culture just for kids. Winnipeg is a city where culture thrives, and kids are invited to the show. There are the holiday classics performed by the **Royal Winnipeg Ballet** and the kid-centric line-up at the **Winnipeg Symphony Orchestra** offers an entire concert series for kids. And don't forget the just-for-kids shows at **Manitoba Theatre for Young People**.

Fun for the whole family. And just because the kids are having fun, doesn't mean you can't too. Make sure to spend an afternoon at **Assiniboine Park Zoo**. The zoo is home to 200 different animal species – ranging from tigers and monkeys to frogs and snakes. In the zoo's Journey to Churchill exhibit, you'll all be amazed watching the majestic polar bears play in the underwater viewing tunnel and delighted by the friendly seals that come out to play.

Enjoy the view from the top of the Ferris Wheel at **Tinkertown** – an amusement park catering to kids of all ages. Or make the most of Winnipeg's hot sunny summers with a day at **Fun Mountain**. This water park not only has waterslides, but also bumper boats and mini golf.



Read on for more ways to explore Winnipeg with your family.



WINNIPEG *loves* FAMILIES

Coming to Winnipeg with your grandkids? Here are some great ideas for a multi-generational family getaway.



Photo: Carolyne Ferrand

A truly WILD RIDE

← FORTWHYTE ALIVE

This summer, venture inside the bison prairie for an up-close encounter you've got to see to believe. Learn more about these incredible beasts and their fascinating history in Manitoba.

fortwhyte.org

Feel the ENERGY

→ MANITOBA ELECTRICAL MUSEUM

Experience a time of oil lamps and electric streetcars, discover unusual contraptions that developed into household appliances and explore Manitoba's electrical history from the 1880s to today.

hydro.mb.ca/museum





Downtown LUXURY

📍 FAIRMONT WINNIPEG

Enjoy being surrounded by diverse culture, boutique shopping, unique outdoor experiences and stunning cityscapes. At Fairmont, quality, comfort and convenience come standard.

fairmont.com/winnipeg

Do the DOWNS

📍 ASSINIBOIA DOWNS

Experience the thrilling sights and sounds of horse racing. A fun-filled, action-packed experience for the whole family. Live racing all summer between May and September.

asdowns.com



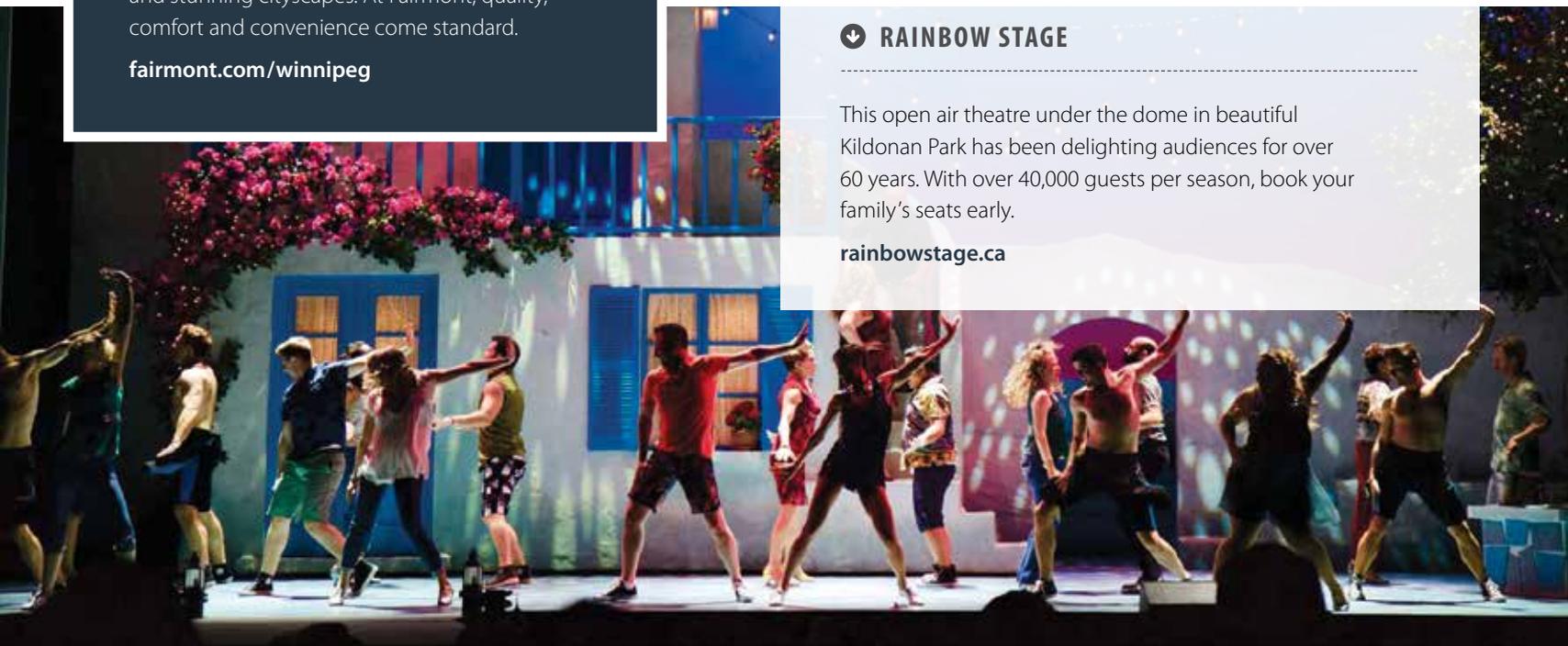
Photo: Gerry Hart

Colourfully WINNIPEG

📍 RAINBOW STAGE

This open air theatre under the dome in beautiful Kildonan Park has been delighting audiences for over 60 years. With over 40,000 guests per season, book your family's seats early.

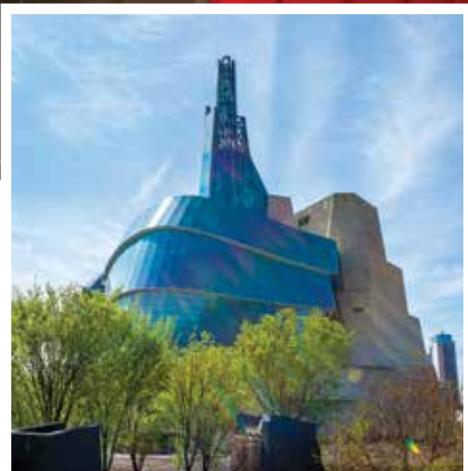
rainbowstage.ca





She sat down to

TAKE A STAND



Be inspired by this and other stories at the **Canadian Museum for Human Rights**.

For Viola Desmond, a night at the movies in 1946 turned into a night behind bars when she refused to leave the “Whites-only” section. It happened in Canada.

Desmond – a successful business person from Halifax – was driving to a meeting when her car broke down in the town of New Glasgow. She decided to go to the movies while awaiting repairs.

Unaware that the theatre had a segregated balcony for Black people, she bought her ticket and chose a main-floor seat. The ticket seller followed her inside, saying her ticket didn’t allow her to sit there. When Desmond then tried to buy the correct ticket, she was refused. “We don’t sell main-floor tickets to you people,” she was told.

Desmond defiantly returned to her seat. It wasn’t long before a burly police officer appeared. When she still refused to budge, he grabbed her shoulders, the theatre manager grabbed her legs and they carried her outside. She was thrown in jail for 12 hours. She was later convicted of defrauding the government of one penny – the difference in tax between the ticket she was sold and the one she wanted.

No one would admit that race was the real reason for her arrest. But her case helped raise the profile of the fight against racial segregation in the province.

In 2010, Desmond was posthumously pardoned by Mayann Francis, Nova Scotia’s first Black Lieutenant Governor. “It took all these years for a woman of colour to free her,” Francis said.

This year, Desmond’s face will be featured as the image on our \$10 bill. She is the first Canadian woman to be portrayed on the front of our paper currency.

Experience the powerful stories of our past and present at the Canadian Museum for Human Rights

humanrights.ca

^ **Viola Desmond exhibit alcove, Canadian Journeys Gallery**

Photo: Ian McCausland

< **Canadian Museum for Human Rights**

Photo: Aaron Cohen



The **Manitoba Museum** takes you on a thrilling journey of discovery. Only here can you travel through time, board a life-sized sailing ship, soar to far away galaxies, learn about sustainability and so much more.

Always more to discover at the **MANITOBA MUSEUM**

Go on an adventure - explore the nine **museum galleries** that feature world-class dioramas! You'll be immersed in the human and natural diversity of our province – enjoy the sounds and smells of the boreal forest – learn how Indigenous people once lived – sit back and enjoy a Charlie Chaplin film in 1920s Winnipeg. The star attraction, a life-size replica of a 17th-century sailing ship, the *Nonsuch*, will reopen in June of 2018 with enhanced storytelling of the voyage that launched the Hudson's Bay Company.

Your adventure continues to the stars! Visit the Museum's full-dome **Planetarium**. Check the website for a roster of special shows and activities to celebrate the Planetarium's 50th anniversary.

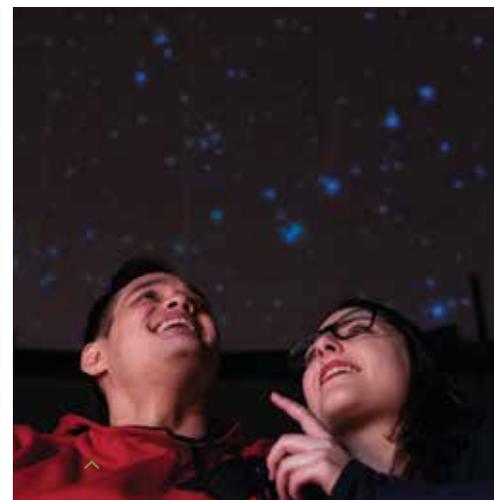
Kids of all ages will enjoy a stop at the **Science Gallery** – from making and racing your own car on a jumbo race track to learning how to save Lake Winnipeg in a digital video game, there is something for everyone.

From July 6, 2018 to January 7, 2019, visitors will learn how the game of hockey became synonymous with Canadian identity. Coming from the Canadian Museum of History, ***Hockey: The Stories Behind Our Passion***, relives exciting hockey moments and offers a variety of interactive activities for the whole family.

manitobamuseum.ca



Photo: Hans Pfaff



+ What *TripAdvisor* visitors had to say:

"Not to be missed!"

"Three sections to choose from and not one disappoints."

"I suggest you find someone to take and be entertained."

WINNIPEG in WINTER



Winnipeg has incredible summers. But you know what? Our winters are pretty great, too. Bright clear skies mean lots of sunshine bouncing off fluffy white snow. See why Winnipeg does winter best.



The Forks at the centre of Winnipeg turns into a wonderland come winter. Skate or walk down one of the longest natural skating rinks on the planet, while stopping for a rest and photo op inside an artfully designed warming hut. The frozen river is also where you'll find the most unique dining experience, pop-up restaurant **RAW:almond**. Dine on delicacies created by chefs from across Canada as you sit snuggled on benches covered in white furs and marvel at the ice beneath your feet.

This winter, another icy spectacle is coming to The Forks as **Ice Castles** bring fairytales to life. These huge structures are built entirely by hand using hundreds of thousands of icicles. Sit on a frozen throne, slide down the ice slides and make your way through maze-like tunnels lit with twinkling LED lights.

< Ice Castles arrive at The Forks this winter

Photo: A.J. Mellor

^ Capturing a cool selfie in a warming hut

Photo: Jacqueline Young, The Forks

Western Canada's largest winter festival is **Festival du Voyageur** – 10 days of music, food and French Canadian and Métis culture. Celebrating Manitoba's fur trading heritage, dance a jig and feast on tourtière and maple taffy and take a swig of Caribou from the ice bar. Enjoy top-notch musical acts and snow sculptures that defy physics.

Embrace the cold at the outdoor Nordic spa, **Thermëa**, where snow-dusted trees line heated walkways leading to the spa's array of saunas and pools. And for more fresh air, snowshoe through the calm quiet of the forests of **FortWhyte Alive**. This former cement plant-turned-wilderness oasis is a haven for wildlife and a hub for winter activities, including ice fishing and tobogganing. Warm up in front of a crackling bonfire, cooking up some flaky bannock over the open flame.

Check out our Instagram feed @travelmanitoba for more winter inspiration

A winter scene at The Forks. In the background, a person is ice skating on a frozen river. In the foreground, two children are on a red sled on the ice. The sled is shaped like a red chair. One child is sitting on the sled, wearing a red snow suit and a black helmet. The other child is standing behind the sled, wearing a grey snow suit and a black helmet, pushing the sled. There are three evergreen trees in the snow. The sky is overcast.

WINTER'S WHAT WE MAKE OF IT

THE FORKS

At The Forks we make winter a true, magical Manitoba experience. From kilometres of ice skating down the Red and Assiniboine Rivers, to traditional bannock-making, to toboggan hills and horse-drawn wagon rides and a cup of hot chocolate always nearby, this wintertime, make it yours and **#MeetMeAtTheForks**.

theforks.com



WINNIPEG'S ONLY FASHION OUTLET

OVER 100 OUTLET &
FASHION BRANDS



MICHAEL KORS

OUTLET
COLLECTION



GUESS
FACTORY STORE

WINNERS

KENASTON BLVD & STERLING LYON PKWY
OUTLETCOLLECTIONWINNIPEG.COM

WINNIPEG



^ Find your inner peace at Riverstone Spa

< Ready, set, shop at CF Polo Park

Photo: William Au, Courtesy of Tourism Winnipeg

SHOPPING and SPAS

If there are two activities that people love to do while they're on a trip, it's shopping and relaxing. And Winnipeg is the perfect place to do both.

Relax. Find peace at a Scandinavian-inspired spa featuring a collection of saunas and baths at **Thermëa by Nordik Spa-Nature**. Go from hot sauna to cold pool, followed by a rest period – choose an outdoor lounge, bed or hammock, the hot tub or the indoor relaxation chalet. Book a massage or body treatment and enjoy a meal and drinks – easily paid for with your electronic wristband.

The feature treatment at the downtown **ten spa** located in the historic Fort Garry Hotel is the hamam. This Turkish treatment involves laying on a heated marble slab while enjoying a soothing massage and refreshing splashes of water. Amidst the hustle and bustle of The Forks, find a slice of tranquility at **Riverstone Spa**. Book a spa package that combines multiple treatments, like an aromatherapy hot stone massage and a customized facial.

The **Urban Oasis Mineral Spa's** location across the street from CF Polo Park offers an easy transition from shopping to spa-ing. All spa collections, which feature options like a body polish and luxury pedicure, include the use of the mineral bath in addition to light fare. And check out **Pocca Poca Spa**, Winnipeg's first Japanese-style spa, featuring a form of thermal relaxation using a variety of stones that warm the body and balance the nervous system – leaving you completely relaxed.

Get more information on spa and shopping options at travelmanitoba.com.



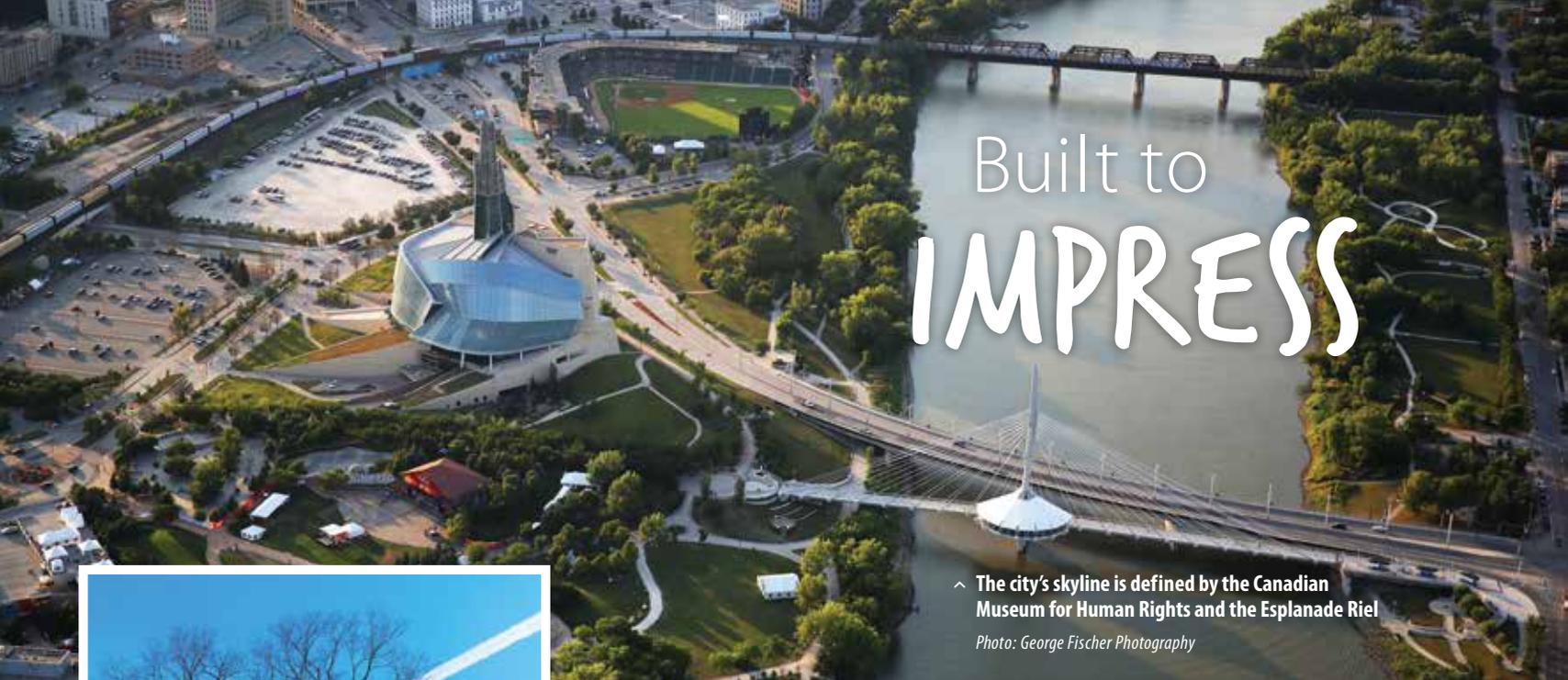
Shop. Big names and cool finds define the Winnipeg shopping experience. Start at the new **Winnipeg Outlet Collection**, home to brands like Saks Off 5th Avenue, DSW and Under Armour. Across the street is Swedish superstore **IKEA** with more retail options to the south at the big box **Kenaston Crossing** and north at **CF Polo Park**. There you'll find stores like Michael Kors and Lego.

Find everything from hats to antiques, handmade paper and clothing in the **Exchange District**, while the shopping is also good at the trendy shops along **Academy Road** and the hip boutiques in **Osborne Village**.

The Forks Market is a prime spot for sourcing gifts and goodies from all points on the globe (not surprising considering its origins as the province's top trading post), as are the shops in the next-door **Johnston Terminal**, where you can find everything from candles to kites to made-in-Manitoba art.

< Relax in the hot tub at the outdoor Thermëa spa

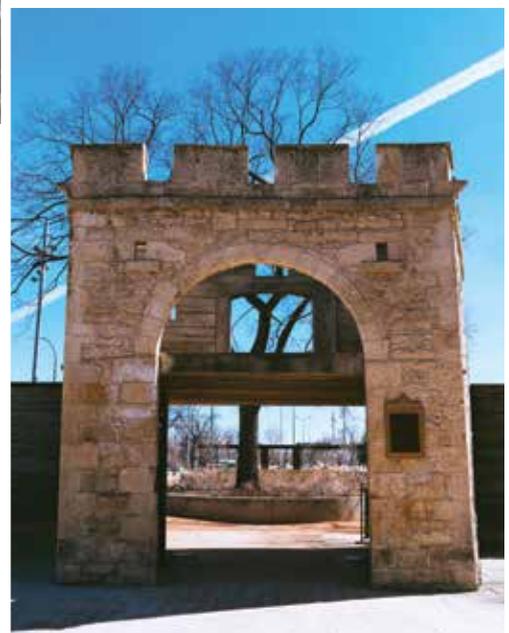
Photo: Leif Norman



Built to IMPRESS

^ The city's skyline is defined by the Canadian Museum for Human Rights and the Esplanade Riel

Photo: George Fischer Photography



Winnipeg is a city of contrasts. It's got a small town feel, but it's a major urban centre with over 700,000 residents. And its well-preserved heritage buildings stand in harmonious dissonance with its modern architectural wonders.

Adjacent to downtown is the **Exchange District**, a 30-block national historic site protecting 1900s warehouses and early sky scrapers. Take a walking or biking tour to see the ornate terra cotta facades of the buildings, now home to condos, office space and hip shops and restaurants. These heritage buildings are juxtaposed with creations like the brutalist **Centennial Concert Hall** and the contemporary Cube Stage at **Old Market Square**, home to outdoor summer festivals.

Two of Winnipeg's most famed architectural triumphs share their stories with visitors. The Beaux Arts masterpiece that is the Manitoba Legislative Building is home to mysterious symbolism uncovered in the magnetic **Hermetic Code Tour**, offered Wednesday evenings from April to October. The iconic glass tower of the **Canadian Museum for Human Rights** has changed the city's skyline, while the building's interior reflects the museum's collection of stories. The impressive design features, including lit alabaster walkways, enhance the visitor's museum journey from darkness to light.

While some of Winnipeg's architectural gems make a statement – like the white spire of the **Esplanade Riel** pedestrian bridge, home to a French bistro – others are more understated. Take the stone gate at the entrance of the **Upper Fort Garry Heritage Park**. This 1853 structure now stands at a busy downtown intersection and the park's gardens have taken root in the locations where the fort's buildings once stood. A multi-media wall brings the sounds and the sights of the fort to life through hundreds of thousands of LED lights. Get the park's app to find hidden points of interest.

See these and other Winnipeg gems on a bus, biking or walking tour.

Drop us a note for more info at contactus@travelmanitoba.com.

< **Upper Fort Garry Heritage Park**

< **Hermetic Code Tour of the Manitoba Legislative Building**

Photo: Dan Harper





REINVENTED LUXURY

INN AT THE FORKS

Experience prairie luxury at the only hotel situated within Winnipeg's tourism epicenter, The Forks. Inn at The Forks is for those seeking both the best of downtown Winnipeg, heightened by ideal proximity, along with a chic retreat to escape the everyday.

innforks.com

Authentic INDIGENOUS

Winnipeg is home to a proud and strong Indigenous heritage. Thousands of years ago, people met to trade and celebrate where the Red and Assiniboine Rivers come together. And today, the city's Indigenous community is ready to share its culture with visitors.

One of the biggest celebrations of Indigenous culture in Canada is the **Manito Ahbee Festival**, which features both traditional and modern Indigenous music, dance, art and culture May 16-20. Watch the impressive display of talent and colour at the International Pow Wow and the Indigenous Music Awards and take home a piece of authentic artwork from the Indigenous Marketplace.

For more Indigenous art by local artists, check out the **Urban Shaman Contemporary Aboriginal Art Gallery**, where established and emerging Indigenous artists explore and share their culture. Stop by **Neechi Commons**, a community complex of Indigenous-owned businesses, including a grocery store and clothing store featuring pieces from local designers. Head to **Feast Café and Bistro** for lunch, where the menu highlights traditional Indigenous ingredients given a modern spin. Try the Butternut Squash Bannock Pizza.

Join the party at The Forks for **Aboriginal Day Live**, a massive celebration to mark National Indigenous Peoples Day on June 23. Different stages showcase the music and dance of different nations, including the toe-tapping fiddling mastered by the Métis.

Many of Winnipeg's attractions share Indigenous stories – like the Mikinak-Keya Spirit Tour at the **Canadian Museum for Human Rights**, the We Are All Treaty People exhibit at the **Manitoba Museum** and **Insurgence/Resurgence**, an exhibit at the **Winnipeg Art Gallery** on until the spring.

Check out travelmanitoba.com for more Indigenous experiences in Winnipeg and throughout the province.



Witness the power of a pow wow >

Photo: Beibei Lu

Insurgence/Resurgence is on at the Winnipeg Art Gallery until April 22 >



A Uniquely Canadian Experience

ROYAL CANADIAN MINT

Book a tour through this impressive state-of-the-art manufacturing facility. The Mint proudly produces coins for over 75 countries. Visit the boutique which offers Canadian collector coins and great gifts!

mint.ca



Winnipeg's Oldest Building *plus* Curated Exhibits

MUSÉE SAINT-BONIFACE MUSEUM

The magnificence of this building alone is worth the visit. Add two stories of artfully curated exhibits highlighting Manitoba's francophone and Métis heritage and your visit becomes well worth the trip!

msbm.mb.ca

Discover your **JOIE DE VIVRE**



Is there a little *je ne sais quoi* missing from your holiday?
Need to put a little *ooh la la* back in your vacation?

Welcome to **St. Boniface**, the heart of French Manitoba and the francophone capital of Western Canada. Here, a vibrant and colourful community awaits you. With over 100,000 French speakers in Manitoba, you are sure to be greeted with a *bonjour* during your stay!

St. Boniface, situated across the river from the famed Forks Market, is celebrating its 200th anniversary in 2018. This beautiful neighbourhood is steeped in culture and rich francophone and Métis tradition. Visit the majestic ruins of **Saint-Boniface Cathedral** and Winnipeg's oldest building, the **Musée de Saint-Boniface Museum**, where you will learn all about Louis Riel, the Métis rebel who became the founder of Manitoba. Literature fans will enjoy French bookstores and discovering all things Gabrielle Roy, one of Canada's most renowned francophone authors.

Experience the best of winter in February during the **Festival du Voyageur**.

This spectacular ten-day celebration in **Fort Gibraltar** showcases francophone, Métis and Indigenous culture. The fort is open year-round and brings to life Manitoba's history of rugged exploration and the romance of the fur trade. Try your hand at axe throwing with a costumed interpreter or barter with one of the merchants.

Foodies will love St. Boniface's many unique restaurants, especially those along Provencher Boulevard. Fine wines, local beers, delicious coffee, chocolates and baked goods, local French fare and other themed cuisine are sure to satisfy your taste buds. Let your other senses come alive at our art galleries, theatre and many local music venues.

> **Let us guide you through la Maison Gabrielle Roy**

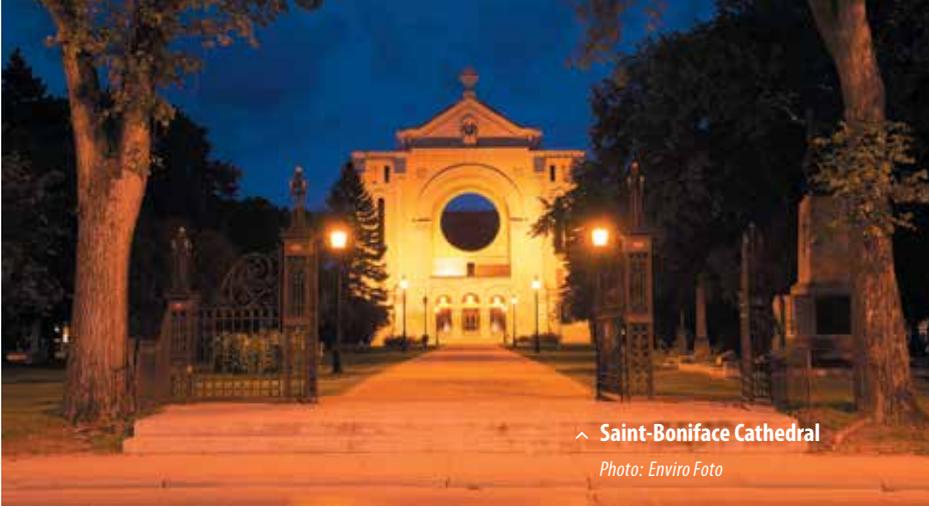
Photo: Marcel Druvé

^ **Discover the history of the fur trade at Fort Gibraltar, also open to the public from May to August**

Plus, venture outside Winnipeg as our rural French communities beckon with top notch golf courses, world-class fishing, sandy beaches, fun festivals, charming museums, campgrounds, ski and snowmobile trails. A road trip across Manitoba's bilingual communities will keep you coming back.

bonjourmanitoba.com





^ Saint-Boniface Cathedral

Photo: Enviro Foto

Winnipeg's FRENCH CONNECTION

Make sure to cross the striking **Esplanade Riel** pedestrian bridge into St. Boniface, Winnipeg's French Quarter. Enter the prominent red brick building on Provencher and you will find the historic St. Boniface City Hall. The building houses the only French-run gallery in western Canada, **Le Maison des artistes visuels francophones**, and the space is an excellent starting point for your foray into the French Quarter of Winnipeg. Starting here, take a guided walking tour of St. Boniface offered by **Tourisme Riel** from May to September to get a real taste of the area, including its unique architecture and charm.

Discover another of Winnipeg's French communities on a geocaching tour of **St. Norbert**. Explore the historical landscape of this south Winnipeg community, well known for its giant farmers' market, **le Marché St. Norbert**, open Wednesday and Saturdays May through October. Check out the **St. Norbert Heritage Park**, at Winnipeg's "other forks", where the Red and La Salle Rivers meet. Take the 1-km self-guided trail of the park, or opt for a guided tour of the restored houses lived in by the Delorme and Bohémier families in the late 1800s.



^ Marché St. Norbert Farmers' Market

Photo: Marcel Druwé



+ Show this page for a complimentary bonbon!



Fresh CHOCOLATES

CHOCOLATIER CONSTANCE POPP

While in St. Boniface, visit Manitoba's first bean to bar maker specializing in all things chocolate: bonbons, bars, cakes, gelato and chocolate drinks.

ConstancePopp.com

“Scandalous”

“Radical”

“Revolutionary”

“Refused”

THE OUTSIDERS WHO ROCKED THE ART WORLD

SUMMER 2018 • See the works of the leading artists of French Impressionism and Modernism, spanning 1850 to 1950: Cassatt, Cézanne, Degas, Manet, Matisse, Monet, Renoir, Rodin, and many more.

CULTURE LIVES HERE

The city's massive growth spurt in the turn-of-the-last-century led to it becoming a major centre not only of commerce, but also culture. And that culture continues to thrive today.



Printmaking at the Martha Street Studio ^

Photo: Momme Halbe/Destination Canada

Art. A new wave of public art is turning once forgotten buildings into larger than life canvases that highlight the city's diverse creative voices. These pieces build on the city's reputation as an art destination, anchored by the **Winnipeg Art Gallery**, home to an impressive collection of Canadian and international works, including over 13,000 pieces of Inuit art. Check out their satellite exhibits and shops at The Forks and Assiniboine Park.

Along a bustling Portage Avenue is a laboratory for research and art, the **Plug In Institute of Contemporary Art**. In Winnipeg's Exchange District, you'll find galleries including **cre8ery**, which rents its space to an ever-growing roster of artists and **Martha Street Studio**, an artist-run centre that showcases the art of printmaking through its exhibitions and programs.

On the first Friday of every month, head to the Exchange for **First Fridays**, when you are welcome to take part in a self-guided tour of the neighbourhood's galleries, studios and shops. Or you can opt for a ticketed event that includes dinner and an informal talk followed by a guided walk.

Theatre. Since the city's first live theatre performance in 1867, Winnipeg has been known for its stage productions. Anchoring the city's Theatre District is the **Royal Manitoba Theatre Centre**, so well-loved it runs two stages two blocks apart. The **Prairie Theatre Exchange** celebrates Canadian achievements in drama while musical favorites come to life on the open air **Rainbow Stage**. Le **Cercle Molière** brings Manitoba's rich francophone culture to the stage with French-language performances.

Music and dance. The maestro's baton seems to never stop considering the jam-packed performance schedule of the **Winnipeg Symphony Orchestra**. You can catch everything from classical favorites to movie scores. The **Manitoba Opera** brings real drama to the stage, with the popular love story of Verdi's *La Traviata* premiering in April. And don't miss the world-renowned **Royal Winnipeg Ballet**, which performs not only the classics, but also new works pushing the boundaries of ballet.

Get the details on current exhibits and performances from our weekly newsletter. Sign up today at travelmanitoba.com.

Photo: Héjean Brancat Photography



Photo: Keith Levit Photography. Courtesy of Tourism Winnipeg





Photo: Ivy de los Santos

Celebrate SUMMER

When the days are long and the nights are hot,
Winnipeg parties all summer long.

Can't get enough THRILLS

← **RED RIVER EX**
June 15-24

The world's largest travelling midway against a prairie sunset canvas takes your breath away – in more ways than one! Ten days of family fun, concerts and excitement take over the Red River Ex in June.

redriverex.com



Photo: Black and Gold Photography

Downtown's STREET FESTIVAL

← **MANITOBA LIQUOR &
LOTTERIES MANYFEST**
September 7-9

This is downtown's biggest, must-attend street festival that brings an energetic atmosphere of arts, entertainment and delicious cuisine to the heart of the city.

manyfest.ca

An authentic FOLK EXPERIENCE

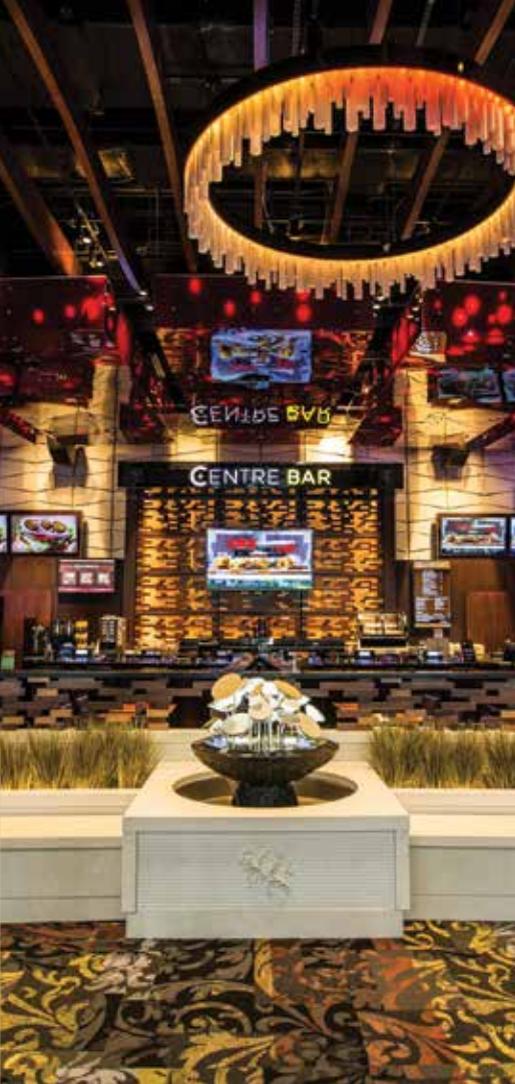
→ **WINNIPEG FOLK FESTIVAL**
July 5-8

Hear over 70 artists from around the world on nine stages in beautiful Birds Hill Provincial Park, located just outside Winnipeg. Celebrating people and music immersed in nature for 45 years.

winnipegfolkfestival.ca



Photo: David Quiring



Your moment awaits at the **CASINOS OF WINNIPEG**

If you're looking for excitement, then look no further than **Club Regent Casino and Event Centre** and **McPhillips Station Casino**. With Vegas-style gaming, including 30 table games and 1,200 slot machines, Club Regent offers the latest and greatest games with the most up-to-date technology.

After extensive renovations, Club Regent also boasts a modern, sleek look to accompany its exciting gaming and entertainment options – including the impressive line-up at the Event Centre. From the biggest names in country music to top touring comedians and rock music legends, the Event Centre's calendar is packed with exciting performances.

The casino's new Centre Bar offers a great place to meet friends for a drink before and after the show. Or head to the Party Pit featuring slots, blackjack, roulette and Big Six Wheel. And be sure to check out their new dining options, including the charming Ice Cream Shoppe, where you can grab a quick snack. And enjoy the new restaurant and lounge menu featuring local ingredients.

Club Regent's sister casino, McPhillips Station Casino, is also undergoing major renovations which include an exterior refresh, an updated gaming floor and the addition of unique entertainment experiences. The casino remains open for business during construction and continues to offer popular events and promotions like Seniors Day and slot tournaments. Plus, enjoy dinner at Michele's Restaurant, where you can indulge in feature nights including surf and turf on Fridays, prime rib on Saturdays or a full turkey dinner on Sundays.

When visiting the casinos, don't forget to sign up for a Club Card, the Casinos of Winnipeg's loyalty program. Members receive access to special casino promotions and events, discounts on food and merchandise and exclusive offers such as \$10 in free slot play when you sign up.

Plan your casino adventure with Casinos of Winnipeg.

- ✓ **A modern new look for the Club Regent Casino compliments its incredible line-up of events and amenities**

casinosofwinnipeg.com





TOUR WINNIPEG WITH YOUR SENSES



Let our award-winning chefs guide you through Winnipeg using your senses of smell, taste and touch. With six different concepts to explore, try some of our fresh cuisine and experience top-quality service.

A tour of Winnipeg isn't complete without WOW!

www.wowhospitality.com



(204) 938-2226



(204) 487-8325



(204) 989-7700



(204) 896-7275



(204) 284-7275



(204) 947-6653



< Breakfast at Clementine Café

Photo: Momme Halbe/Destination Canada

EAT YOUR WAY through WINNIPEG



Photo: Black & Gold Photography, Courtesy of Tourism Winnipeg

How does a city in the heart of the Canadian Prairies become a big time player in today's culinary world?

By serving up creative dishes in creative spaces to appreciative patrons ready to try something new. Here are a few Winnipeg eateries making waves with delicious food and an incredible atmosphere.

The most important meal of the day is breakfast, so you might as well dig into the best in town at **Clementine Café**. Named one of Canada's best new restaurants, this cozy spot in Winnipeg's Exchange District is reimagining breakfast and brunch staples with a modern twist and the results are stunning. Take their advice and "Eat this. It'll help".

Known as the place in Winnipeg to get the best sandwiches, the options at **King + Bannatyne** do not disappoint. Located in the Exchange District, the restaurant's minimalist décor lets the food, like the in-house brined and cured beef brisket, shine. Just around the block is **Deer + Almond**, where legendary local chef Mandel Hitzer serves up home-style dishes with a decidedly modern take. And when chef Hitzer is not in the kitchen of this Exchange District gem, he's cooking inside a temporary kitchen as the co-creator of the RAW:almond and RAW:churchill pop-up restaurants.

For more homey flavours, head to **Harth Mozza & Wine Bar**. Rustic tables are the setting for hand-crafted Italian dishes served family style. House-made pasta and cheeses are as satisfying as the restaurant's comfortable vibe. And if it's sharing plates you're into, head no further than **Máquè**, one of the city's top fine dining restaurants by acclaimed chef Scott Bagshaw consistently getting rave reviews. Small plates perfect for sharing mean you can dive into as many of the incredible Asian fusion dishes as you can.

The list of shining stars in Winnipeg's food scene is much, much longer – and one category that has really taken off in recent years is the number and diversity of **food trucks**. While typically you can find them lined up along Broadway in Winnipeg's downtown during the lunch hour, these mobile restaurants are there to serve hungry customers at events in and around the city all summer long. From perogies to Filipino creations and churros to chicken wings, there is no shortage in variety or flavour.

For more ideas on where to eat while in the city, check out Tourism Winnipeg's official food blog, pegcitygrub.com.



River City Brisket at King + Bannatyne <

Photo: Momme Halbe/Destination Canada

Dinner Theatre with a Difference

CELEBRATIONS DINNER THEATRE

Experience fabulous live vocals with familiar songs, fantastic sets, lots of laughs plus a delicious four course dinner. Top service and great performances ensure a great night out for couples or groups.

celebrations.ca



Great Escapes with Enigma

ENIGMA ESCAPES

Enigma Escapes is Winnipeg's premier escape experience. With three convenient locations and ten unique escape adventures, Enigma Escapes is perfect for families and friends. Find out why escape rooms are so addicting.

enigmaescapes.com



< The Common at The Forks Market

Photo: Charcoal Collaborative

From intimate clubs to arena concerts, there is no shortage of places to catch live music in Winnipeg. Venues like the **Park Theatre** and **West End Cultural Centre** have been repurposed to showcase local and touring acts, while the **Burton Cummings Theatre** and **Bell MTS Place** bring in the top names in entertainment. You can also catch live music at the basement bar at **Forth**, or the welcoming space of the **Good Will Social Club** on Portage Avenue, or **The Handsome Daughter** located on the edge of Winnipeg's chill Wolseley neighbourhood.

Head to a nightclub located in a heritage building in Winnipeg's Exchange District or check out an English style pub like the **King's Head** or sports bar like **The Pint**, especially happening when the game is on. **The Common** at The Forks Market offers a relaxed vibe to enjoy a flight of beer or wine. For cocktails with a twist, try the craft creations at **The Roost** on Corydon Avenue, also known as Winnipeg's Little Italy. Or head to **Albert Street Cocktail Company** where the bar serves as a stage for the bartenders to show off their featured creations.

And if it's beer you're after, Winnipeg delivers, with an explosion of microbreweries offering a huge range of products. **Half Pints Brewing Company** makes a variety of seasonal brews that accompany its regular line-up of ales and stouts. **Fort Garry Brewing Company** features some quintessential Canadian flavours in its Maple Cream Ale and Sassy Saskatoon Berry Wheat Ale. **Barn Hammer Brewing Company** is Winnipeg's first taproom and **Peg Beer Co.** is a brewery and restaurant located in a former warehouse. Or take the Ale Trail Craft Brewery Tour with **Winnipeg Trolley Company** to check out the inner workings and sample the goods at three city breweries. Enjoy a beginners' crash course on the fine art of the cicerone, the beer equivalent of the sommelier, at **Little Brown Jug**. At **Torque Brewing** you'll learn how the beer is produced and canned and the final stop at **One Great City Brewing Company** includes a tasty meal.

Tweet us @TravelManitoba for help planning your night out in Winnipeg.

LIVE MUSIC & COLD DRINKS



^ Climb aboard the Winnipeg Trolley Company's Ale Trail Craft Brewery Tour

Photo: Stothers Studio





2016  2017
CHAMPIONS

BACK 2 BACK

25
Goldeyes
1994 - 2018

VISIT GOLDEYES.COM

GAME DAY



Winnipeg is home to the loudest fans, which means catching a game – be it hockey, football or baseball – is an electrifying experience.

The NHL's **Winnipeg Jets** bring fans to their feet at Bell MTS Place and it's easier than ever to get tickets. For a more economical night of hockey, bring the kids to see the AHL's **Manitoba Moose** – same arena, same high energy atmosphere.

During the summer months, get a seat behind home plate at Shaw Park to watch the back-to-back American Association champions, the **Winnipeg Goldeyes**. A night at the ballpark is a terrific family outing. Or opt to catch the **Winnipeg Blue Bombers** in action at Investors Group Field. This March, Winnipeg hosts the Canadian Football League's biggest offseason event. Mark's CFL Week happens March 22-25 and will give fans up-close access to the league's top players.



And if you're looking for a pre-game warmup, hit one of these super fun Winnipeg attractions:

- Bounce into good times at an indoor trampoline park, **Sky Zone**
- Scale to new heights on one of the 32 rock wall surfaces at **Vertical Adventures**
- Test your aim at **Bad Axe** axe throwing or during a game of laser tag at **LaserTopia**
- Exercise your strategic moves in a new game at **Across the Board**, a board game café, or at one of the city's **escape rooms**
- Tee off at one of Winnipeg's fabulous **golf courses**, or try the simulator for year-round action at the **Golf Dome**

For more game day information, check out what's hot this week on our blog, manitobahot.com

← Test your aim at Bad Axe axe throwing

Photo: Bad Axe

Investors Group Field is home to the **Winnipeg Blue Bombers** ^

Photo: BCRobyn



^ Picking the next game at Across the Board

Photo: Mike Linton, Centric Productions

The **ULTIMATE** Boutique Hotel Experience



People are looking for more from hotels than just a bed to sleep in. They're looking to connect with their local surroundings for a complete experience, regardless of whether they're travelling on business, leisure or both.

One of Winnipeg's newest boutique hotels knows that best and offers their guests a unique opportunity to explore the best of Winnipeg, from a location that has it all, including service tailored to each guest.

Mere Hotel is as authentic as its surroundings. Perfectly juxtaposed among historic brick buildings, green space and local shops along Waterfront Drive, the exterior of the hotel features bright colorful pipes that wrap the building. Located in the Exchange District, a national historic site of Canada, the hotel is a short walk away from the top tourist attractions in Winnipeg including The Forks and the Canadian Museum for Human Rights and just steps behind the hotel is one of Winnipeg's most popular restaurants, Cibo Waterfront Café.

The vibe is hip, friendly and personal. Mere Hotel knows exactly what their guests want. Guests are treated as individuals, greeted by name and are often welcomed with special touches like handwritten welcome cards, birthday balloons or offers of congratulations to those celebrating a special occasion.

"The advantage we have being a 67-room boutique hotel is our ability to really personalize the experience for each of our guests," says Emily Patrician, General Manager of Mere Hotel. "Our staff consistently seek out opportunities to make our guests' stay memorable, even if it's a little unconventional. They're incredibly passionate about Winnipeg and the Exchange District, and have a natural desire to make sure our guests leave the hotel feeling exactly the same way."

It's no surprise that Mere Hotel is consistently ranked one of the top five hotels in Winnipeg on Trip Advisor. The perfect location and a personalized experience is just the start. Come see for yourself.

merehotel.com

^ **Mere Hotel makes a statement along Waterfront Drive**

< **The colour pops continue inside comfy guest rooms**



Linking WINNIPEG to the WORLD

Whether visiting for a convention or a vacation, **Winnipeg Richardson International Airport** is the front door to our region. Millions of travellers visiting Winnipeg first arrive at the airport, which is a reflection of our wonderful city and province.



New and healthy dining options are impressive, not to mention the calming cuddles with therapy dogs and refined lounging with live piano that are all part of the YWG experience. The terminal itself also lives the world-class promise: it is a certified environmental leader and has also won engineering and architecture awards for its premier design. The wide windows of its glass curtain symbolize the open, connected and friendly spirit of the Prairies.

At the heart of the continent, Winnipeg is an ideal location for a transportation hub, demonstrated by the airport's expanding cargo operations. The Winnipeg Richardson International Airport is dedicated to providing excellent services for visitors and its home province, where it drives more than 17,000 jobs and contributes over \$3 billion to the economy.

Last year alone, the Winnipeg Richardson International Airport helped more than four million travellers reach their loved ones, global markets and new adventures. And with 55 current direct destinations, Winnipeg Richardson International Airport is still going places. The airport is here to boost Manitoba's link to the world as they go above and beyond.

waa.ca

- ^ The LEED Silver terminal building is filled with natural light
- > The airport was named one of the 'World's Most Iconic Airports' by the Travel Channel



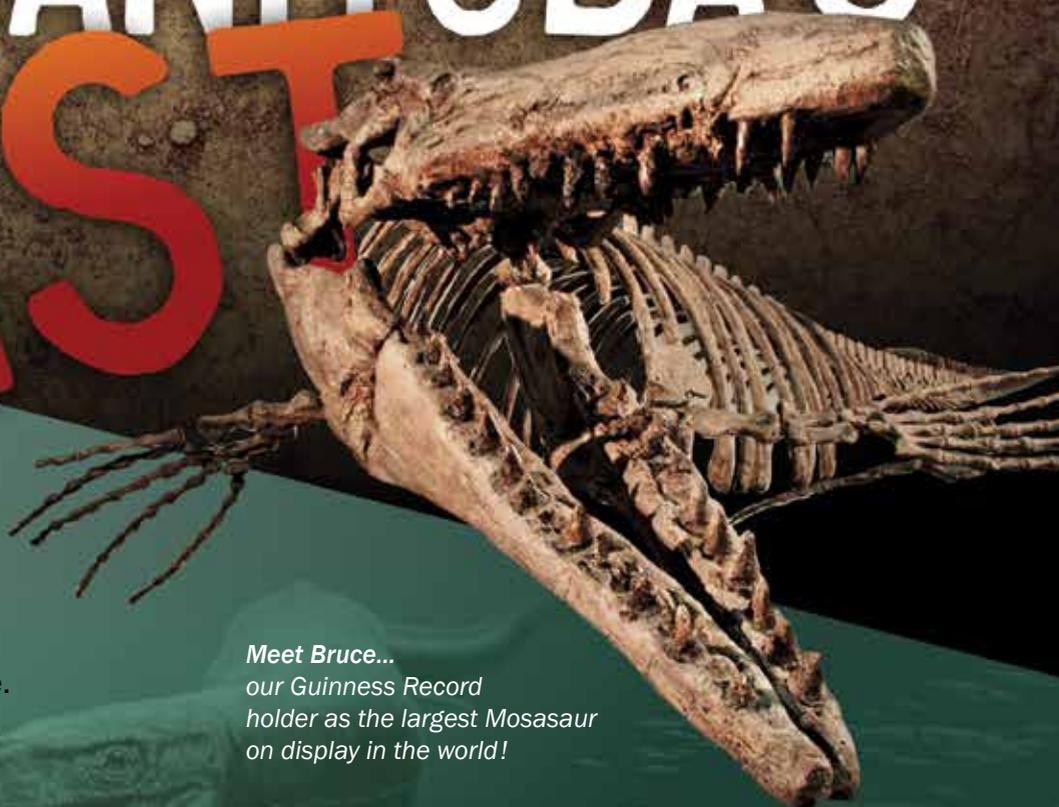


DILO

INTO

MANITOBA'S

PAST



Brush away layers of earth to reveal a time when giant marine reptiles ruled the ancient seas. Get your hands on history that is 80 million years old on a fossil dig tour with the **Canadian Fossil Discovery Centre**.

www.discoverfossils.com

*Meet Bruce...
our Guinness Record
holder as the largest Mosasaur
on display in the world!*



RURAL
(HARM



Sunflower field between Lac du Bonnet
and Beausejour photo by Instagram contest
winner Brent Mckean

@brentmckean

GALLERIES and GARDENS

One of the best ways to get to know Manitoba's diverse communities is to admire their expressions of creativity. Here are just a few of the places in Manitoba where you can connect with the people, the culture and the landscape through artistic achievements.

The history of Boissevain in southwest Manitoba comes to life through the 17 murals of the **Outdoor Art Gallery**. Just a short drive away is the **International Peace Garden**, honouring the over 200 years of peace between Canada and the United States. Every year, nearly 150,000 flowers are planted, complementing the native plants found throughout the gardens and the impressive collection of 6,000 succulents and cacti.

The **Pembina Hills Arts Council** in Morden not only has gallery exhibits that showcase the artistic talents of the region, but also brings art to local festivals including the Morden Corn & Apple Festival Art Walk and the Back 40 Folk Festival Artisan Village.

Dauphin's original city hall is now home to the **Watson Art Centre**. Home to artists and performing groups, the gallery features regional and touring exhibitions. Browse through the Made in the Parkland gift shop and bring home a local treasure.

The **Beausejour Daylily Gardens** showcase 600 daylily cultivars, along with thousands of iris, peonies, lilies, hardy shrubs and fruit trees. It is the only garden of its kind on the Prairies. And on the other side of the province, just south of Neepawa, find over 1,500 named varieties of lilies at **The Lily Nook**. Visit during peak bloom time in July to take home a potted souvenir and admire the hybridized versions created here.

While Altona is home to the world's largest painting on an easel – a rendition of Van Gogh's Sunflowers – it is also where you can find the delightful **Garden in the Park**. What was once a house built in 1902 is now an art gallery and sculpture garden.

Find more information on the gardens and galleries found throughout Manitoba on travelmanitoba.com.



^ **Queen Victoria Agave, International Peace Garden**

^ **Outdoor Art Gallery in Boissevain**

Photo: Enviro Foto



Watson Art Centre in Dauphin ^

Photo: BCRobyn



You belong in BRANDON



Photo: Randy Shand

Brandon is full of surprising discoveries that offer an unforgettable weekend excursion. A dynamic arts scene brings to life quality theatre experiences and amazing international musical performances.



^ **Brandon's culinary scene is heating up thanks to restaurants like Prairie Firehouse**

> **The Brazilian troupe Capoeira Guanabara performs at the Brandon Folk, Music and Art Festival**

Photo: Matthew S. Duboff



Around every corner you will find local, authentic culinary experiences reflecting the cultural diversity that has become an important part of this community. Travel to Ethiopia, India or El Salvador with your taste buds. Connect with local vendors at year-round markets or drop in to an international cooking class to take home some new techniques in the kitchen.

A number of unique museums share stories of our past and immerse you in the local and military histories that have shaped this city. Pop into the eclectic boutiques downtown or take a trip off the beaten path to a retro ice cream shop filled with antiques and all kinds of unexpected treasures.

Of course, Brandon has the basics covered to make sure your visit is comfortable. Stay in a beautiful bed and breakfast featuring rotating art exhibits or get a family suite adjacent to the pool and water slide to entertain the kids. The big box stores can fill a day for dedicated shoppers and world-class events in every season will provide unforgettable experiences for the entire family.

Your weekend getaway will be filled with warmth, diversity and surprising discoveries, reminding you why "you belong in Brandon".

brandontourism.com



Canada's Longest Swinging Bridge

SOURIS SWINGING BRIDGE

Celebrating over 113 years since its original construction in 1904, the Souris Swinging Bridge remains this southwestern Manitoba community's most famous landmark. It is truly a beautiful sight to appreciate any time of year!

sourismanitoba.com

Photo: Gerry Kopelow, Courtesy of Stamec



Manitoba's Valley Paradise

MINNEDOSA

Nestled in a valley of lush rolling hills and winding waters, Minnedosa is a vibrant community of outdoor exploration and cultural celebration, calling out to the prairie adventurer in you.

discoverminnedosa.com

Photo: Sandy Black

Photo: Jay Siemens

Adventure Awaits

CENTRAL MANITOBA

Visit the region's museums, sample exceptional cuisine, experience pristine campgrounds and walk nature trails. Explore the land of ancient sea reptiles, watch raptors or zipline through a valley.

centralmbtourism.ca



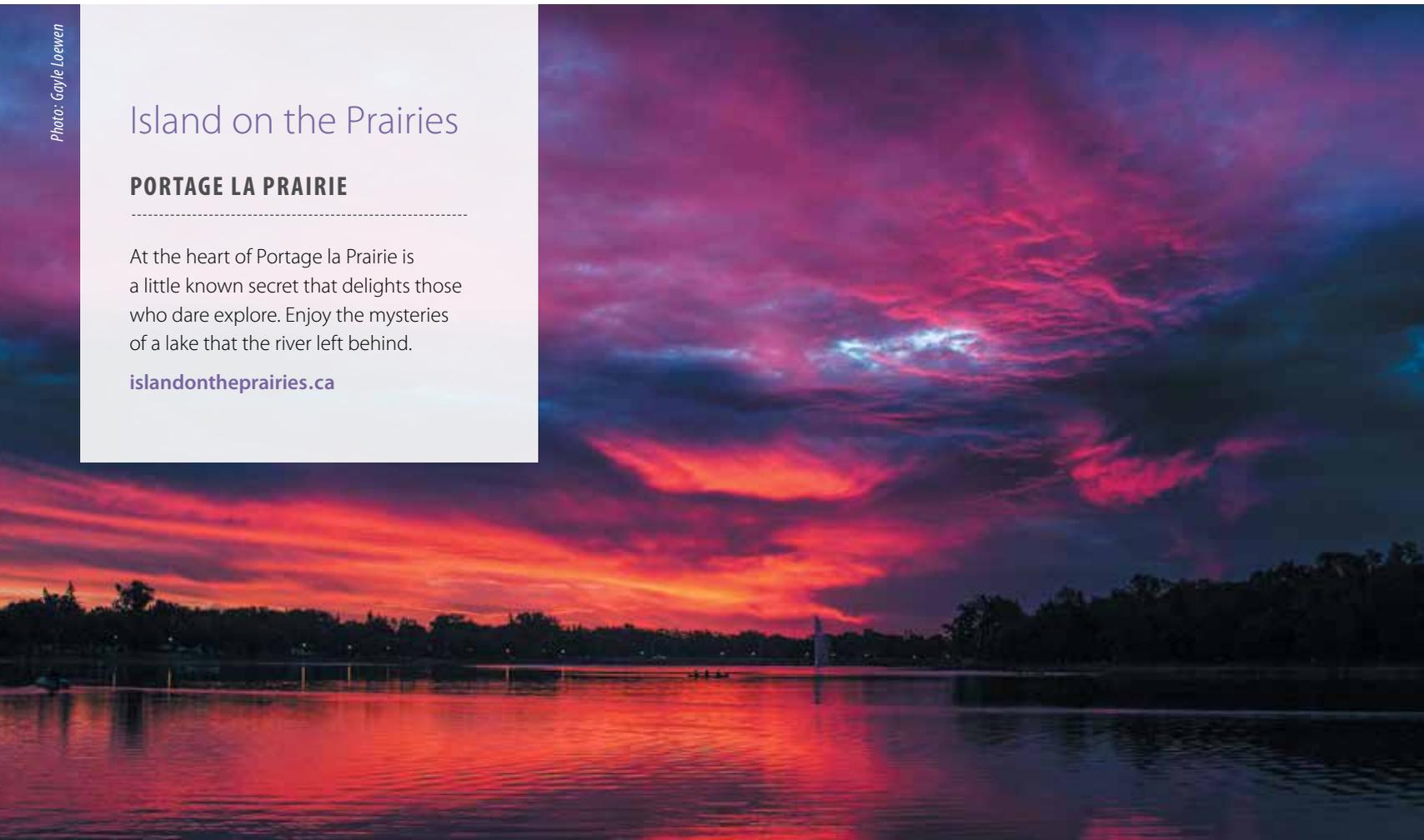
Photo: Gayle Loewen

Island on the Prairies

PORTAGE LA PRAIRIE

At the heart of Portage la Prairie is a little known secret that delights those who dare explore. Enjoy the mysteries of a lake that the river left behind.

islandontheprairies.ca





1.



2.



3.



4.



5.

10 Reasons *to visit* Manitoba's Interlake

1. Oak Hammock Marsh

One of North America's birding hotspots with 300 species of birds. Interpretive Centre offers guided programs, scenic café, gift shop, observation decks, interactive exhibits. **Open year-round.**

oakhammockmarsh.ca

2. Manitoba Highland Gathering

Legacy Park, East Selkirk

Travel through time, 600 AD to present. Scottish heritage, piping, drumming, heavy games, Highland dancing, canoe/kayak, marathon, sheep shearing, stock dogs, British car show, Scottish market. **June 23-24, 2018.**

manitobahighlandgathering.org

3. Arborg & District Multicultural Heritage Village

Imagine life in a working village circa 1930! Visit ethnic homes, school, church, grist mill and Indigenous tipi. Hear the stories, experience Icelandic, Polish, Ukrainian and Indigenous cultures. **Open May to September.**

arborgheritagevillage.ca

4. East Beaches Heritage Wing

Grand Marais Community Central

From deep Indigenous roots grew a wildly popular lakeside railroad resort and, later, a popular provincial park. What is the state and future of Lake Winnipeg? **Open May to September.**

redrivernorthheritage.com/ebhw

5. Steep Rock Beach Park

Fantastic cliffs, intriguing rock formations, awe-inspiring sunsets over Lake Manitoba! Camping, cabin, general store, café, lounge, boat launch, marina, plus events for all ages.

steeprockbeach.ca



6.

6. Rubber Ducky Resort & Campground

In Warren, 15 minutes from North Perimeter

Discover summer camping fun with a splash! 2 pools, 2 hot tubs, bumper boats. Campsites, motels or cabins. Mini golf, ice cream socials and movie nights. Fun for the whole family!

rubberduckyresort.com



7.

7. Red River North

Along the Red River from Winnipeg to Lake Winnipeg

Red River North has it all! Minutes north of Winnipeg, enjoy Manitoba's most scenic river drive, historic buildings, prime fishing, a unique marine museum, historic fort and white sandy beaches.

redrivernorthtourism.com



8.

8. Gimli Glider Exhibit

In the skies above Gimli, a new airliner spent 17 minutes in a freefall. Experience the history of this incredible event, hear personal stories, touch actual aircraft parts, try the flight simulator.

gimliglider.com



9.

9. The WAVE Interlake Studio Artists Tour

At the heart of the WAVE Artists' Studio Tour is an opportunity to meet the artists in their spaces of inspiration. **June 9-10, September 1-2, 2018.**

watchthewave.ca



10.

10. Bed & Breakfast Manitoba

Third Party Inspected/Quality Assured. Hosts welcome you "home" to privacy, peace and quiet and delicious breakfasts. Get a taste of the local lifestyle, as the hosts are your personal concierge to community.

bedandbreakfast.mb.ca

Get your copy of the Interlake Tourism Guide and map today. Explore the Interlake's inland oceans and infinite possibilities in this four-season playground.

1-877-468-3752 | interlaketourism.com



Photo: Neil Higginson

Photo: Stephanie Sutton



FISHING in the HEART of CANADA

Top reasons to choose Manitoba for your next fishing adventure

Every year, anglers come from far and wide to take advantage of the phenomenal fishing in Manitoba. Here are the top reasons to choose Manitoba for your next fishing adventure.



Photo: Gage Fletcher

1. Big Fish

Manitoba is one of the best places to catch world-class trophy fish. In addition to ridiculously huge walleye, we can confidently boast that monster northern pike, giant lake trout and huge channel catfish all call Manitoba home. There are many anglers who will swear by our top trophy stillwater trout fisheries in the West while others exclaim about our lunker smallmouth bass factories in the East. Even unsung heroes such as the freshwater drum and common carp draw anglers from near and far in search of that next big bite.

2. Diverse Species

Manitoba is home to a large variety of fish species. Our **Master Angler Program** lists 30 qualifying species for which anglers can earn trophy recognition. A good majority of these species can be caught across several areas of the province and throughout every season. You can actively target numerous species over a multi-day trip or even during a single outing.

3. Extraordinary Options

It could conceivably take a lifetime to explore all of the great places to fish in Manitoba. Our huge province is divided into six distinct regions that all have their own signature angling experiences and multiple service options. Fly-in, drive-to, fly-fishing and ice-fishing, Manitoba is a year round angling destination with choices for every need or interest. With over 100,000 lakes, rivers and creeks, whatever experience you seek, it can be found here.

4. The Wildest of Places

If seclusion and solitude are what you're after, then Manitoba is definitely the place to be. Fly out to the middle of nowhere among the untouched wilds or travel to conveniently remote locations at the end of the road, across all regions of the province. More often than not, total immersion in quiet isolation and pristine environments is only a boat ride or short hike away.

5. Convenience

We're closer than you might think. With road accessible destinations in every region and scheduled flights to the far off reaches of our wilderness frontiers, Manitoba is host to an abundance of convenient drive-to and ultra-remote angling experiences. Lodges and outfitters offer various services for those looking to fly into our international airport and for connecting flights to our Northern hubs. Winnipeg welcomes daily flights from multiple Canadian and US locations and is only an hour and a half drive from the North Dakota border.

6. The People - *Friendly Manitoba*

This is more than just a phrase on our license plates as the great people of this province have rightfully earned this moniker. Owners, staff and professional guides at our many lodges and outfitters will treat you like family. Resident anglers that you come across on the water and at the dock are always willing to help out if needed. Any way you look at it, visitors can definitely count on having friends nearby when they fish in Manitoba.



Plan your next fishing trip to Manitoba at huntfishmanitoba.com or check out our fishing videos at [YouTube.com/HuntFishMB](https://www.youtube.com/HuntFishMB).



Let Your Passion Guide You

SASA-GINNI-GAK LODGE

You know you have found that special place... and it will call you back again and again... the great fishing, the serenity and the special moments spent with great friends. Your arms will ache, your belly will be full, your cheeks sore from smiling.

saslodge.com

Photo: Jim Bergshoeff

Our GREAT TRAILS

In Manitoba, there are 19 sections of the Trans-Canada Trail, now stretching 24,000 km across the country. Here's a look at four sections of the Great Trail.

Crocus Trail

LENGTH: 136 KM

This most westerly section of the trail runs along the Saskatchewan border. Watch for wildlife, including 25 bird species that use tree cavities for homes.

Activities:

*hiking, walking, cross-country skiing,
cycling, horseback riding*

Attractions:

*Duck Mountain Provincial Park
Assessippi Ski Area
Inglis Grain Elevators*

Carberry-North Cypress Trail

LENGTH: 32 KM

Passing through the diverse agricultural lands of "King Spud Country", this trail's features also include the remnants of a glacial river and ancient lake – towering sand hills.

Activities:

*hiking, walking, cross-country skiing,
cycling, horseback riding*

Attractions:

*Carberry Sandhills
Carberry Downtown
Historic District*



➕ Explore One of Manitoba's Most Unique Ecosystems

*Follow the 1.5 km boardwalk of the **Brokenhead Wetland Interpretive Trail** through one of Manitoba's most unique ecosystems where Indigenous people have long come to collect medicinal plants. The white cedar bog and a type of rare peatland offer the perfect habitat for orchids and eight kinds of carnivorous plants.*

Senkiw Bridge Loop

LENGTH: 2.4 KM

This easy and scenic hike south of St. Malo is part of the longer Crow Wing Trail. It crosses the 1946 swinging bridge built for children attending school on the other side of the Roseau River.

Activities:

hiking, walking

Red River North Trail

LENGTH: 225+ KM

This massive section of the trail follows the path of Lake Winnipeg tributaries, the Red, Brokenhead and Winnipeg Rivers.

Activities:

*hiking, walking, cross-country skiing,
cycling, horseback riding*

Attractions:

*Lower Fort Garry National
Historic Site
Lockport Provincial Park
Patricia Beach Provincial Park*

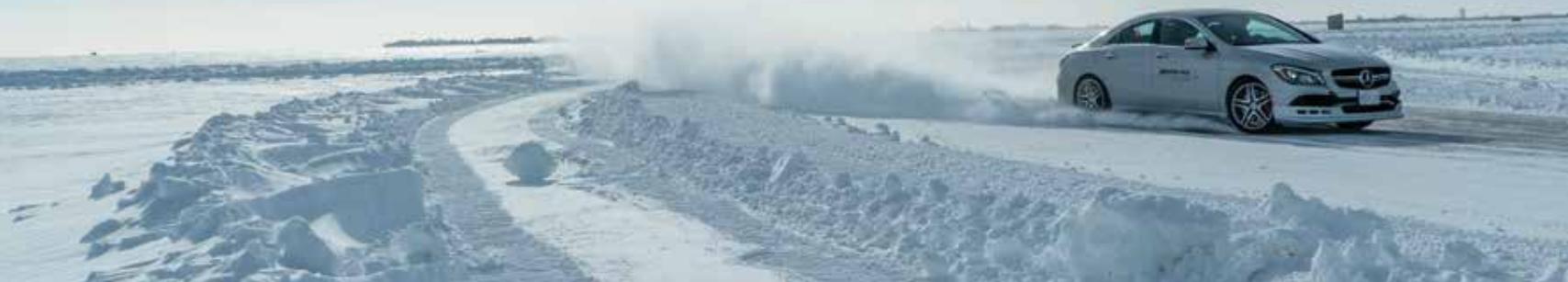
Get more info on the Trans-Canada Trail at trailsmanitoba.ca or find more trails at travelmanitoba.com.



Photo: George Fischer

WINTER THRILLS

Here are a few reasons why Manitoba offers EPIC WINTER ADVENTURES.



Skiing & Snowboarding

Asessippi Ski Area

25 runs
2 freestyle terrain parks
Dogsledding adventures

Holiday Mountain, La Rivière

11 runs
1,500 ft zipline open in winter

Stony Mountain Ski Area

6 runs
Terrain park

Springhill Winter Sports Park

10 runs
Terrain park
Mogul run

Ski Valley, Minnedosa

9 runs
Terrain park

Mystery Mountain

Winter Park, Thompson

18 runs
300-foot half pipe

Thunderhill Ski Area, Swan River

22 runs
Terrain park
Cross country, snowshoe
and snowmobile trails

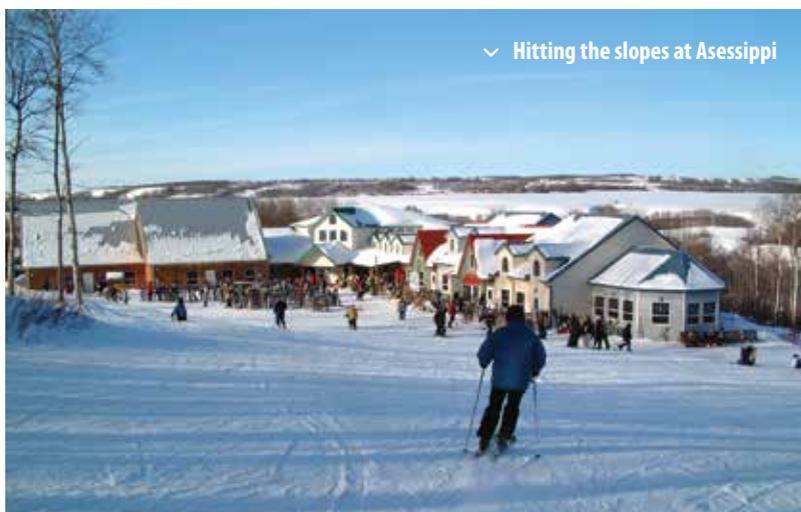
Ice Driving

Previously only offered in Sweden, Mercedes-Benz has brought its AMG Driving Performance Winter Sporting Academy to Gimli. Live your race car fantasy on the flat, open expanse of frozen Lake Winnipeg.

Snowmobiling

Manitoba's active snowmobiling community develops and maintains over 12,000 km of scenic snowmobile trails across the province. Ride through the bush trails and rolling hills of the Swan Valley or enjoy the deep powder riding in the Lac du Bonnet region. These suggestions are only the tip of the iceberg.

Visit us in person at our Visitor Information Centres for more information on winter activities



Manitoba's MUST See UMS

Whether they're highlighting our Beautiful Plains or Beckoning Hills, Manitoba's museums and cultural attractions are a "must see".



Photo: Settlers, Rails & Trails Inc.

Settlers, Rails & Trails

↑ ARGYLE

This museum offers something for history lovers of all kinds: the Railway Gallery features the only museum box car depot exhibit in Canada, while you'll also find the country's second largest flag collection, with a range of historical flags.



Photo: Sandy Black

Daly House Museum

↑ BRANDON

Much of the original architecture of this 1882 house built by Brandon's first mayor remains intact. See late Victorian era furniture and textiles, including hundreds of dresses and hats from 1880 to 1980.



Photo: The Western Canadian

Nellie McClung Museum

↑ MANITOU

Visit the former homes of this famed author and suffragette, whose tireless work contributed to Manitoba being the first province to give women the vote in 1916. The two houses, a log house and wooden frame house, have been moved to a new site in Manitou, Nellie's hometown.



Gimli Glider Exhibit

↑ GIMLI

History landed here on July 23, 1983. Learn the amazing aviation story of Flight 143, which came to be known as the Gimli Glider, and the heroes who ensured this story had a happy ending.



St. Pierre-Jolys Museum

← ST. PIERRE-JOLYS

On the grounds of this museum that include the Sugar Shack and a former convent is the Goulet House. This trader's home was situated along the Crow Wing Trail, which was a common route for ox carts between Fort Garry and St. Paul, Minnesota. The late 1800s building is a typical Red River style, featuring hand-cut logs.



Photo: BCRobyn

Ukrainian Catholic Church of the Resurrection

↻ DAUPHIN

Designed by one of Canada's most renowned church builders and built entirely by volunteers, this church is a stunning example of Kievan style and the area's Ukrainian roots. Call ahead to book a tour to get a full appreciation of the church's iconography.

Get an insider's look at Manitoba's MustSEEs on our blog, manitobahot.com.



Journey to ANOTHER TIME

↻ FORT LA REINE MUSEUM

Explore 300 years of life on the Canadian Prairies. Journey through a historical heritage village and transport yourself back to a time when pioneers dreamed and built Canada, connected from sea to sea.

fortlareinemuseum.com

Manitoba's SIGNATURE MUSEUMS

These seven museums are home to special collections that give you an in depth look at Manitoba's history and heritage. Find out more by visiting manitobasignaturemuseums.ca

Mennonite Heritage Village

➔ STEINBACH

Hitch your horses for a harrowing tale of migration and settlement at this turn-of-the century Russian Mennonite village. Taste traditional fare and explore a classic housebarn and a fully operational Dutch windmill during the summer. View historic and heirloom treasures displayed in the galleries and find that perfect souvenir at Village Books and Gifts, all open year-round.



Le Musée de Saint-Boniface Museum

➔ WINNIPEG

Take a stroll down the beautiful and historic Taché Avenue to the old Grey Nuns' Convent, Winnipeg's oldest building. As the largest oak-log building in North America, this is where your discovery of Manitoba's francophone and Métis history needs to begin! A variety of compelling displays, the largest collection of Louis Riel artifacts, family-friendly events and a unique boutique all make your visit to Le Musée worthwhile at any time of the year.



Manitoba Agricultural Museum

➔ NEAR AUSTIN

See the collection of vintage farm machinery and rural buildings from Manitoba's pioneer past. Leave the city to learn about the agricultural history of Manitoba and the Prairies and see how the pieces in the collection changed the direction of agriculture.





Royal Aviation Museum of Western Canada

WINNIPEG

The Royal Aviation Museum is where adventure and innovation meet! You'll discover unique one-of-a-kind aircraft, beautifully restored bush planes and supersonic jets. After a tour of the hangar, relax on the Flight Deck and watch the air traffic on the international airport runways while the kids enjoy Skyways – the interactive play area. Whether you are 3 or 93 you will love this inspirational journey through time.



New Iceland Heritage Museum

GIMLI

The New Iceland Heritage Museum in Gimli immerses you in the story of New Iceland on the Canadian Prairies. Watch a film telling of the perils faced by the first Icelandic settlers and explore the unique possessions they brought with them. The museum houses the largest collection of Icelandic rocks outside of Iceland. Plus, discover your own inner Viking by dressing in Viking costumes!



The Canadian Fossil Discovery Centre

MORDEN

Find the nation's largest collection of marine reptile fossils and the largest mosasaur on public display in the world. At more than 13 metres (43 feet), Bruce is a Guinness record holder! The 80 million year-old fossils on display are a unique Canadian treasure. Join palaeontologists on a real dig – the experience is unforgettable!



Commonwealth Air Training Plan Museum

BRANDON

This museum preserves the history of thousands of Canadian, American and Commonwealth air personnel who trained under the "Plan", called by Sir Winston Churchill Canada's greatest contribution to the Allied victory in World War II. In the hangar, a designated national historic site, see aircraft and vehicles and witness the complexity of these aircraft first-hand as volunteers work to restore them.

MORDEN & WINKLER

Cities in Manitoba's heartland

MORDEN

➔ CITY OF DISCOVERY

This friendly, proud community is bursting with character. Visit the record-holding fossil museum, relax on the sunny beach of Lake Minnewasta or shop 'til you drop exploring the city's boutique downtown.

mordenmb.com



WINKLER

➔ BETHEL HERITAGE PARK

Winkler's version of Central Park, this downtown treasure features a fountain, floral displays, historic storyboards and live theatrical and musical events throughout the summer.

winkler.ca

➔ CREATIVE CONNECTIONS

The Winkler Arts and Culture Centre offers a new show every month, seasonal markets, coffeehouses and a gift shop. Don't miss your chance for a selfie with the giant butterfly!

winklerarts.com



Discover our **ROOTS**

In a province built on agriculture, farms have an important place not only in Manitoba's history, but in our modern identity as well.

Visit. Farms are the perfect place for families with children. Kids love getting the chance to get up close to animals.

Check out **Kismet Creek Farm** just south of Steinbach. This hobby farm turned livestock sanctuary is home to attention-loving goats, cows, sheep and miniature donkeys. **Meandher Creek Pumpkin Patch** near Oaklake not only features farm animals, but offers trail rides, a combine slide and a huge straw bale pyramid. And for an entirely different kind of farm, check out the **St. Léon Wind Farm**. Instead of animals you'll find 73 turbines that tower above the prairie. Make an appointment to go inside the first wind turbine constructed in Manitoba and learn more about the power of wind at the **St. Léon Interpretive Centre**.

Stay. There are many options to experience farm life at a bed and breakfast or guest house.

Stay in a straw bale guest house at **Room to Grow Greenhouse & Guest House**. Located on a woodland farm near Boissevain, you can enjoy the hospitality or contribute to the workings of the farm by exchanging your time and labour for food, lodging and learning opportunities. Surround yourself with gorgeous lakes and rolling hills near Riding Mountain National Park at **9 Finger Ranch** located in Rossburn. At this working cattle ranch, saddle up and take a ride off the beaten path on horseback. As a certified HI hostel, backpackers can rent a single bed on a low travel budget. Cabins and rooms are also available.

Do. Roll up your sleeves for a more immersive farm experience.

By late June, Manitoba's annual crop of berries – saskatoons, raspberries and strawberries – are ready for picking. Head to **Mayfair Farms** adjacent to Portage la Prairie's beautiful Island Park for some serious strawberry picking. Check ahead by phone or website before visiting any u-pick farm.

Learn the skills of a blacksmith on a family farm near the village of Ste. Rose du Lac in the immersive Come Play with Fire experience offered by **Authentic Iron**. Get a full rundown on safety and the theory of forging before creating your own project out of hot steel in this two-hour program.

Don't miss **Open Farm Day** to experience more of Manitoba's farms the third Sunday in September.

Call us at 1-800-665-0040 for more information on visiting farms in Manitoba.

◀ **9 Finger Ranch at dusk**

Photo: Enviro Foto



A taste of NATURE

← **CARMAN**

Plan an exciting day trip to Carman full of berry picking, walks along the river pathway, local gardens and nurseries and exciting eats.

carmanmanitoba.ca

The **FLAVOURS** of MANITOBA

The rest of Manitoba is keeping pace with Winnipeg in terms of incredible culinary experiences. Here are a few to savour.



Photo: BCRobyn

Farmery Estate Brewery is making a name for itself for its role as both farmer and brewer. Walk through the fields where the barley is grown before heading into the town of Neepawa to see the brewing facilities. Enjoy a flight of beer with a side of fried pickles from the Farmery Estate food truck.

Looking for the best potato-cheese-gravy creations? Embark on the **Poutine Trail** through southeastern Manitoba's bilingual communities. Head to Ste. Anne to try the breakfast poutine at the Old No. 12 Café, the popcorn chicken poutine at the Marchand Hotel or the BBQ burger poutine at Lucky Luc's in Ste. Agathe.

Brandon's **Food Truck Warz** is coming back for seconds after its inaugural event last September was a rousing success. Purchase a variety of treats from trucks from around the province, including 2017 winner The Churro Stop, at this free event.

Visit one of Manitoba's charming bed and breakfasts offering a culinary retreat. At **Moon Gate Guest House** in Whitemouth, go on a canoe adventure foraging for wild edibles. Or book a foodie package at the **Journey Home Artist Retreat** in Waldersee, including your stay in an authentic Mongolian yurt. Pick produce from the garden or visit a nearby farm to learn about raising cattle and to select a cut of homegrown grass-fed beef.

Fridays and Saturdays are pizza night at **Integrity Foods**, an artisan bakery and farm just outside Riverton. From mid-June to mid-September, enjoy a custom pizza cooked in Hildegard – the outdoor brick oven. Have a picnic on the farm while savouring your bison pepperoni, garden vegetable and Manitoba-made Bothwell cheese pizza.

For a homemade meal served with an extra helping of friendly Manitoba, make your way to a **fall supper**. These community events are often held in a recreation hall or church basement and celebrate the harvest with a modest ticket price.

Get more ideas on where to eat throughout Manitoba on our blog, manitobahot.com.

∨ **Delicious Fall Supper**



COME *Celebrate* WITH US

Check out these festival favorites that showcase Manitoba's arts, culture and history!

Celebrate ICELANDIC Culture

➔ ISLENDINGADAGURINN

August 3-6

Every August long weekend in beautiful Gimli, Icelandic culture comes to life. Enjoy food, music, entertainment, events/activities and of course, Vikings!

icelandicfestival.com



Photo: Leif Norman

Competing COWBOYS

➔ MANITOBA STAMPEDE

July 19-22

Come to Morris, for Manitoba's only professional rodeo along with chariot and chuckwagon racing, midway, petting zoo and children's entertainment.

manitobastampede.ca



One of Manitoba's HOTTEST *Music Festivals*

➔ FIRE & WATER MUSIC FESTIVAL

August 3-5

Lac du Bonnet's award-winning music festival is the one festival you need to check out this summer. Featuring three stages of independent music and a whole lot more.

firewater.ca

**GET OUT AND
LET THE JOYS OF
NATURE IN**



SWAN VALLEY

**HAS YOU COVERED
12 MONTHS OF THE YEAR!**

**HIKE > WALK > BIKE >
RUN > DOWNHILL SKI >
CROSS COUNTRY SKI >
SLED > QUAD...**

**HOW ARE YOU GOING TO
TREK OUR TRAILS?**


Swan Valley

Tourism Centre

1500 Main St., Swan River, MB · 204-734-3102

www.discoverswanvalley.ca



PARKS &
WILDLIFE



Bison at Riding Mountain National Park
photo by Instagram contest winner
Jonathan Cavers

@juncavers



PROVINCIAL PARKS

Manitoba is home to 90 provincial parks – all with their own distinct natural and cultural significance. Here are a few popular options for year-round fun.

Hecla/Grindstone Provincial Park

There's a rich history here dating back to its days as an Icelandic settlement during the 1800s. Walk the self-guided trail through the restored buildings of the Hecla Village. Watch for wildlife from the boardwalks of the Grassy Narrows Marsh and discover the old limestone quarry. Take in stunning views of the Lake Winnipeg shoreline and the island's most iconic feature, its lighthouse.

Clearwater Lake Provincial Park

The name Clearwater Lake is no play on words. This spring-fed lake is so clear you can see the bottom nine metres below. Follow the self-guiding trails through the parks' cave formations and dolomite cliffs.

Grand Beach Provincial Park

Grand Beach boasts beautiful white sands and a bustling boardwalk. Originally built in the 1930s, the boardwalk recently received a facelift and is a great place for an evening stroll. This family friendly location stretches for three kilometres along Lake Winnipeg's eastern shore.

Fiery sunsets at Clearwater Lake > Provincial Park

Nopiming Provincial Park

The name, which in Anishinabe means "entrance to the wilderness", says it all. Find yourself in this remote location of hills and ridges, ancient rock outcroppings, with lakes and rivers carved in the Canadian Shield.

Spruce Woods Provincial Park

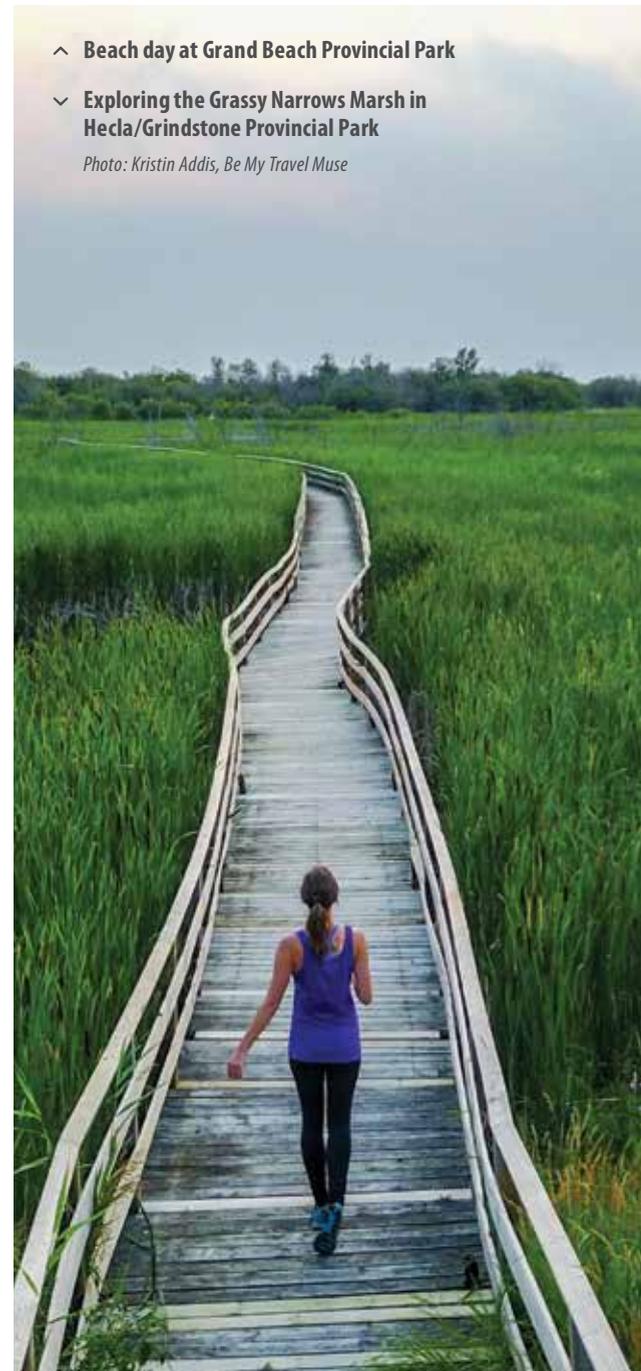
Among the experiences to be had in this park are its desert-like sand dunes, the Spirit Sands, and eerie oasis, the Devil's Punch Bowl. While the hike through the sands is challenging, the experience is worth every step with its beautiful self-guiding trails, steep wooden steps and differing landscapes.



^ Beach day at Grand Beach Provincial Park

v Exploring the Grassy Narrows Marsh in Hecla/Grindstone Provincial Park

Photo: Kristin Addis, Be My Travel Muse



PROVINCIAL PARKS

Duck Mountain Provincial Park

At 831 metres above sea level, Baldy Mountain is Manitoba's highest peak. The terrain is as vast as it is beautiful with rolling green hills, thick woodland forests and deep blue lakes.

Pisew Falls Provincial Park

At Pisew Falls, the Grass River suddenly drops 13 metres, changes direction and jets noisily down a gorge. Spruce, pine, tamarack and poplar provide shady habitat for northern wildlife and a viewing platform offers incredible and accessible views of the falls.



Relaxing at Duck Mountain Provincial Park >

Spot the stripes.

ZEBRA MUSSELS ARE HERE!



Stop the spread.

Help protect Manitoba's lakes and rivers. Always clean, drain, dry all items when you remove them from the water.

Learn more at:
Manitoba.ca/stopthespread

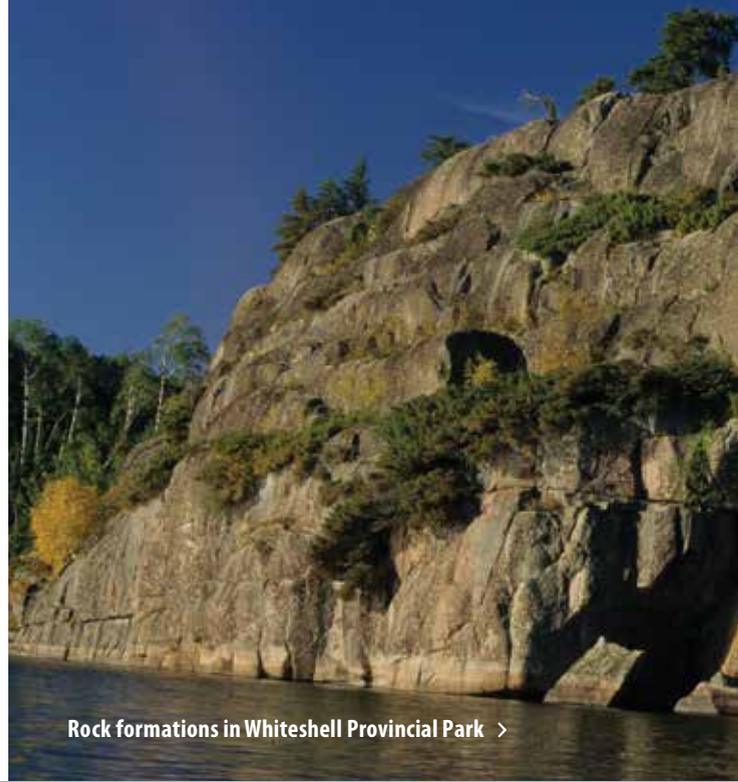
Manitoba 

PROVINCIAL PARKS

Whiteshell Provincial Park

Whiteshell is one of Manitoba's best loved and most visited provincial parks. The park's Bannock Point Petroforms were, and remain, an important Indigenous site known as the place where the Creator sits. In this place of healing and teaching, you can find rocks depicting animal and human forms.

And this four-season playground in the Canadian Shield features top snowmobile trails as well as paddling routes – like the tunnels at Caddy Lake. Stay at a resort or a campsite located on one of the park's 13 main lakes, including Falcon and West Hawk Lakes – the two largest communities.



Rock formations in Whiteshell Provincial Park >



A ski hill IN THE WOODS

← FALCON RIDGE SKI SLOPES

Hidden in the woods of Falcon Lake, find alpine and Nordic skiing, tubing, live music, lake-front cabin rentals, a charming vintage ski chalet and home cooked meals.

falconridgeski.com



Golf FALCON LAKE

← FALCON LAKE GOLF COURSE

One of Manitoba's premier courses with forest-lined fairways will welcome a new clubhouse and pro shop constructed by Lakeland Golf Management for the 2018 season.

lakelandgolfmanagement.com

Photo: Number Ten Architectural Group

YOU. WATER. AND THE SKY.

EASTERN MANITOBA

Welcome to the waterways and lakes of Eastern Manitoba. Disconnect from the digital world just for a little while and find yourself lost in the skies while going with the flow of mother nature. Experience the down to earth culture and feel at one with the hospitality. Just you, water and the sky.

eastmantourism.ca

Photo: Kristin Addis, Be My Travel Muse



RIDING MOUNTAIN RITUALS

DAUPHIN

At the foot of Riding Mountain, Dauphin is only minutes from Manitoba's best hiking, biking, wildlife and fishing. These are daily rituals for locals, and with access to all the services and supplies you need right here, you're only moments away from being out on the water or deep in the woods.

tourismdauphin.ca

Photo: Kelly Michaluk Photography



DISCOVER **CLEAR LAKE COUNTRY**

Your gateway to **Riding Mountain National Park**.

Start your Riding Mountain National Park adventure in Wasagaming! A rare example of a townsite nestled in the heart of a National Park.

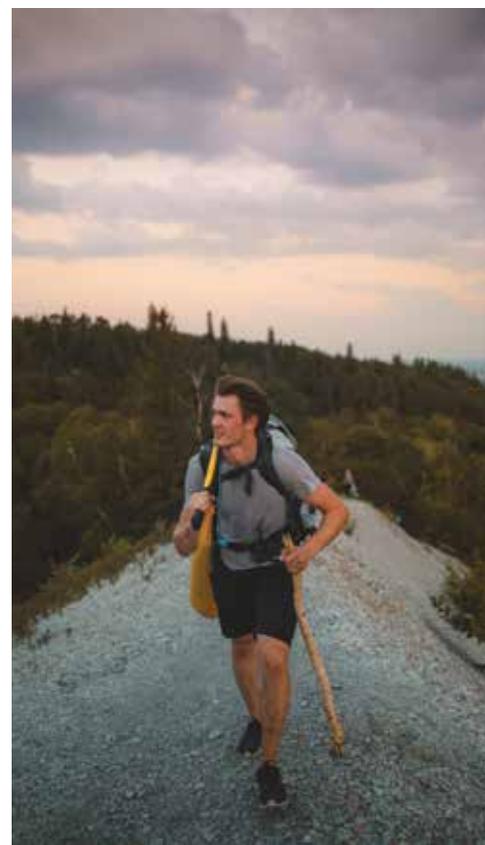
The actual name of Riding Mountain's idyllic resort village is Wasagaming, but it has been nicknamed Clear Lake after the park's largest and most visited lake. Clear Lake is often called the hub of Riding Mountain National Park. The Anishinabe of the area have called these lands home for generations. Today, Clear Lake is a year round location for visitors from Manitoba, Canada and around the world.

In the summer, Clear Lake is undeniably the place to be in Manitoba. The lake itself is busy with canoes, kayaks, paddle boards and even Riding Mountain's very own cruise ship. After hitting the beach, most people are savouring a sweet treat from homemade gelato to a build-your-own ice cream sandwich.

Clear Lake isn't just your introduction to beach fun and savoury sweets, but an entire national park full of wildlife, trails and lakes. From Wasagaming, you can walk the Lake Shore trail around most of Clear Lake, while stumbling upon secluded public docks that make the best spot to catch a sunset. Starting in Wasagaming, the Riding Mountain Parkway goes right through the park almost reaching neighbouring town of Dauphin. The Parkway is lined with more than a dozen trails and lakeside picnic spots. It's also the best place to catch a glimpse of a bull moose or mother bear with her cubs.

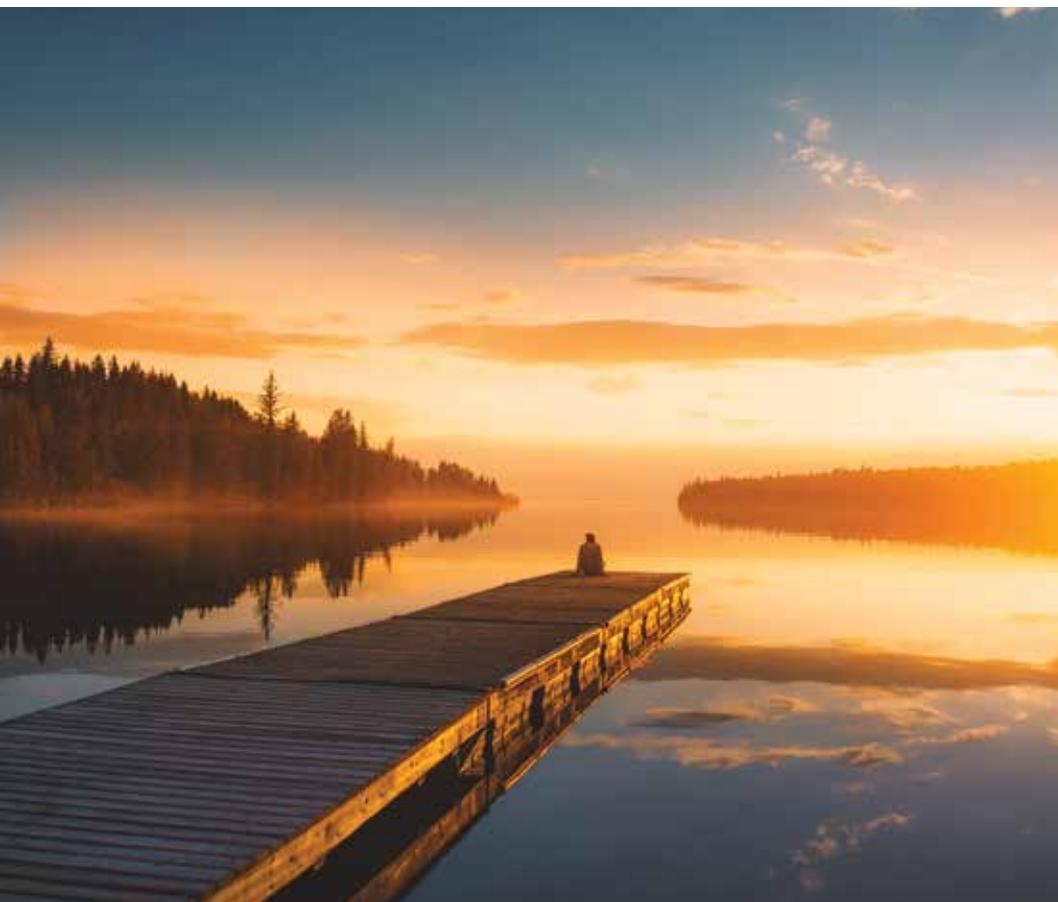
Start planning your adventure to Clear Lake, the gateway of Riding Mountain National Park, by booking your stay at a resort, cabin, boutique hotel or bed and breakfast.

discoverclearlake.com



^ Soak in amazing views from the top of Bald Hill

< Sunsets are the best over Clear Lake





NATURALLY INVITING



Situated near Clear Lake in Riding Mountain National Park, **Elkhorn Resort Spa & Conference Centre** is the base camp for your next getaway!

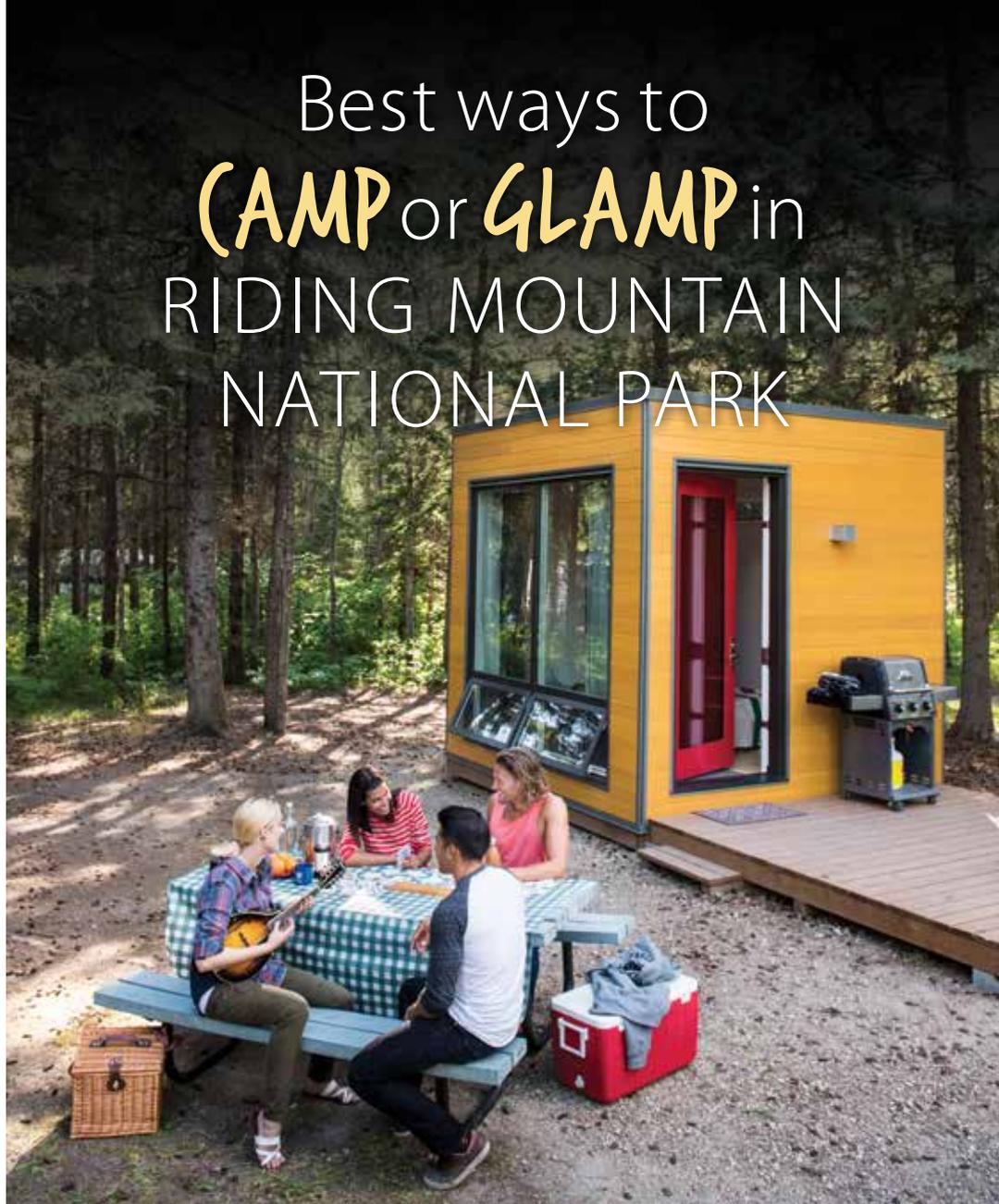
Elkhorn Resort features hotel and chalet accommodations, the luxurious Solstice Spa, an indoor swimming pool, water slide, two hot tubs and the Ten Steakhouse & Buffalo Bar. This four-season resort allows you to explore the beautiful surroundings and abundant wildlife in the park anytime of the year. Come in the summer and autumn to hike or bike the numerous trails or jump into Clear Lake to cool off. Visit the town of Wasagaming for some shopping or take a leisurely drive through Riding Mountain National Park on a wildlife safari featuring moose, deer, elk or black bears.

Then, rediscover your love for winter with the hundreds of kilometres of cross-country ski trails and nature trails. There's also an onsite toboggan hill and ice skating rink for hours of fun and enjoyment. There are so many cool family fun activities to choose from such as skating, snowshoeing and dog sledding. You can also just sit back, relax and indulge in the revitalizing Equinox Mineral Pool, known to provide relief from muscle and joint pain. And your visit is never complete without a decadent meal at the Ten Steakhouse. Daily and weekly rentals are available all year round.

elkhornresort.mb.ca

< **Enjoy the pool area's great features:
a big water slide, lily pad walk,
plus indoor and outdoor hot tubs**

Best ways to **CAMP** or **GLAMP** in RIDING MOUNTAIN NATIONAL PARK



oTENTik

A Parks Canada oTENTik is the perfect accommodation if you don't want the hassle of camping, but still want to be close to nature. Thirty oTENTiks sit in Riding Mountain National Park's biggest campground, Wasagaming, and are only a 15-minute walk from the Park's townsite. Riding Mountain's oTENTiks come with electric heat, USB plugs, interior lighting, barbeque, fire pit and bunk beds that sleep six. If you're looking to bring the whole family, Riding Mountain has four pet friendly oTENTiks.

During the winter, five oTENTiks are available to rent. Don't worry about being cold as all winter oTENTiks come with both electric heat and a wood stove. The best part? You can strap on your skis and hit the surrounding trails right from the deck of your oTENTik.

Micro-Cube

Room for six too much? Riding Mountain also offers an accommodation option for those travelling in a pair or solo. The Parks Canada Micro-Cube is equipped with a double bed, USB plugs, interior lighting, barbeque, fire pit and interior and exterior electrical plugs. It's the perfect mix of tiny home meets camping.

RV & Tent Camping

If glamping isn't your style, Riding Mountain National Park has five campgrounds to choose from. The park's largest campground, Wasagaming, has 460 campsites, 360 of those provide services from electrical to full service.

^ The Micro-Cube makes camping easy

Photos: Parks Canada

Whatever your camping style, Riding Mountain National Park has just the right option for you to enjoy the great outdoors.

Now, it's easier for youth to explore Riding Mountain National Park and other Parks Canada places! In 2018, Parks Canada is offering free admission to youth 17 and under to all National Historic Parks, National Historic Sites and Marine Conservation Areas.

parkscanada.gc.ca/riding

FOUR SEASON *Adventures*

📍 RIDING MOUNTAIN NATIONAL PARK

Bring your own skis and fat bikes or rent some in the town of Wasagaming and hit the surrounding trails right from the deck of your four season oTENTik. Parks Canada oTENTiks are winter ready with electricity and wood stoves.

parksCanada.gc.ca/riding



Discover CLEAR LAKE

Visit discoverclearlake.com and plan the perfect getaway in Clear Lake Country



Family FAVORITE

📍 ELKHORN RESORT SPA & CONFERENCE CENTRE

Elkhorn's unique location offers the perfect year round getaway with two restaurants, swimming pool, hot tubs, game room and spa. Make sure you check out Elkhorn Resort's fall and winter specials.

elkhornresort.mb.ca

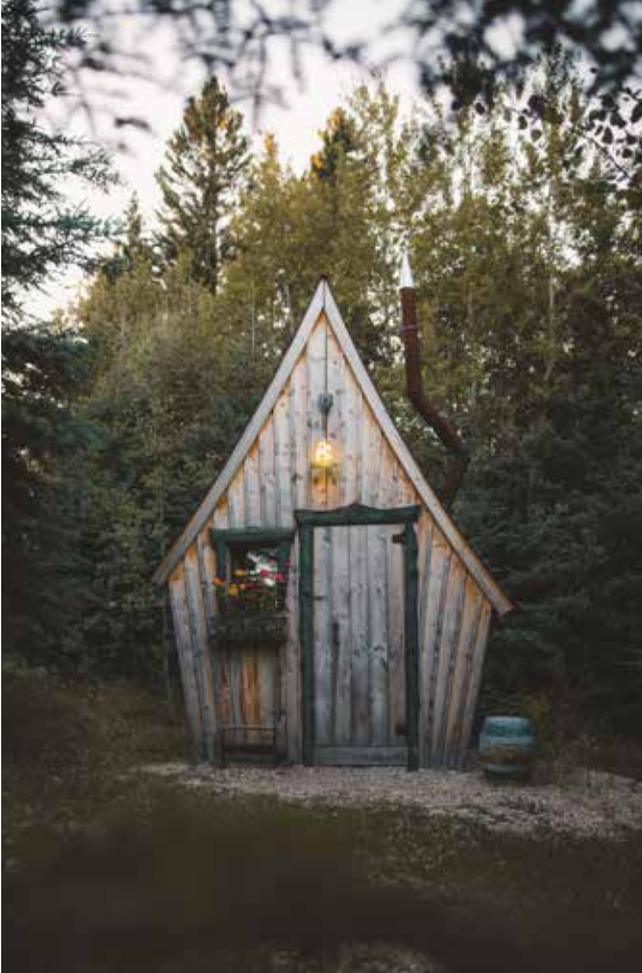
A SWEET stay

📍 HONEYCOMB BED + BREAKFAST

Located just minutes from Riding Mountain National Park and open year round, Honeycomb can host small groups up to 27 in its 11 beautiful guest rooms.

honeycombbbclearlake.com





CHARMING *comfort*

📍 CROOKED MOUNTAIN CABINS

These enchanting cabins are nestled into the rolling wilderness on the edge of Riding Mountain National Park. You're guaranteed to see the best Manitoba sunsets and hopefully a glimpse of the northern lights.

crookedmountaincabins.ca

LUXURY *in nature*

📍 GEILER CORNER ALL SEASON RESORT

Wake up to the beauty of Riding Mountain National Park at Geiler Corner, a luxury cabin resort seconds away from shopping, restaurants and the Clear Lake beach. With only a handful of cabins, Geiler's fills up fast.

geilercorner.com



HIP *and* HOMEY

📍 LAKEHOUSE

Located in the heart of Wasagaming is Lakehouse Boutique Hotel. After you slowly roll out of bed, head down to their lounge where you can warm up near the fire after a skate behind the Parks Canada Visitor Centre.

staylakehouse.ca



A photograph of a rustic restaurant interior. In the foreground, two hands are holding a large, round pizza topped with melted cheese, onions, and green herbs. The pizza is being presented over a dark, polished bar counter. In the background, the restaurant is filled with wooden tables and chairs, and large windows let in bright light. A few people are visible in the background, and a television screen is mounted on the wall to the right.

CHARMING + DELICIOUS

The culinary experience of Clear Lake Country

Who would think that a small town inside one of Canada's National Parks would have one of the best culinary experiences in the country? Discover the tasty charm found in the town of Wasagaming.

Breakfast

Start your day off right. **Whitehouse Restaurant & Bakery** is almost as old as the Park itself, which means they have had a lot of time to perfect their recipes. Whitehouse arguably has some of the best coffee in town, and it can only be matched by one of their toasted cinnamon buns.

Just down the street is the **Foxtail Café**. In the evening they serve wood fired pizza, but on weekends their breakfast menu hits the spot. Eggs benedict with a choice of smoked salmon or Canadian back bacon – need we say more?

Picnic

The Clear Lake Trading Post isn't just a grocery store, but a bakery as well. Order one of their infamous Beach Buns and pick your toppings, too.

If you're a pizza enthusiast don't miss out on a local favourite, **Mano's Pizza**. You can grab a slice to go or order a pizza to enjoy on their patio.

- < **Woodfired pizzas at the Foxtail Café feature local ingredients**
- > **Sweet and sticky cinnamon buns from Whitehouse Restaurant & Bakery**

Dinner

T.R. McKoy's is Riding Mountain's only Italian restaurant. They are known for not just their pasta, but their wide range of appies and drink pairings. Do mussels, bruschetta and a rosemary gin fizz sound good?

Just down the street is **Wigwam Dining & Lounge**. This provincial historic site was built in 1929 and also serves some historic nachos best enjoyed on their patio.

Dessert

Dessert is best served cold. The restaurants in Wasagaming have been battling for the title of best ice cream for years. It starts at the **Chocolate Fox** where you can grab a cup of homemade gelato.

Lakehouse has taken over the ice cream sandwich market. Be prepared to spend some time there as it might take you a while to decide what ice cream you want sandwiched between two cookies.

Right across from the lake is the **Boardwalk**, a full service ice cream parlour serving the creamiest of ice cream, sundaes, twisters and even non-dairy products.

Plan your dining experiences at the same time you're planning your outdoor adventures in Clear Lake Country.

discoverclearlake.com





^ Roseau River Tubing
Photo: aroseau.ca

CAMPING

Manitoba's diverse landscapes mean diverse options for camping. Seasoned campers can trek to backcountry sites throughout the province while you'll find plenty of unserviced and serviced campgrounds both in parks and private campgrounds. RVs are welcome at most campgrounds, with many offering family-fun amenities. Enjoy water parks and mini golf, games rooms and themed events. Many RV-friendly resorts are also pet-friendly, offer wifi and easy access to the great outdoors for swimming, tubing, fishing, hiking and biking.



Memorable Camping Adventures

MANITOBA CAMPGROUNDS AND PARKS

Manitoba campgrounds and parks offer unique camping experiences. Whether you see yourself relaxing by a pool or beach, or exploring the great outdoors, our campgrounds have it all.

GoRVingManitoba.com

A vibrant waterpark scene featuring a large blue and white orca sculpture leaping from a circular platform into a pool. To the right, a green frog-shaped slide with a pink tongue is also in the water. The background shows lounge chairs, yellow umbrellas, and palm trees under a clear blue sky.

Vacations Last a Weekend, Memories Last a Lifetime

LILAC RESORT RV, LODGING & WATERPARK

Experience Lilac Resort's beautiful tropical theme water park with comfortable lounging furniture, fun pools with a variety of water slides and play features generating hours of entertainment for the whole family.

lilacresort.com

A scenic view of a marina with numerous boats docked at wooden piers. The water is calm, and the sky is filled with large, white clouds. Trees and buildings are visible in the background.

Discover Manitoba's Hidden Gem

BUFFALO POINT

This four-season resort is located 90 minutes southeast of Steinbach on the shore of Lake of the Woods in an area that has been a gathering place for centuries. Rent a cabin or set up a tent or RV and enjoy the amenities including the 18-hole Lake of the Sandhills Golf Course, an onsite restaurant and lounge plus fabulous fishing year-round.

buffalopoint.ca

Watchable WILDLIFE

From the distinctive call of an elk to the slithering sounds of thousands of snakes, here are some of Manitoba's amazing watchable wildlife and where you can see them.



1. Elk

While the habitats for this member of the deer family have shrunk, today they can still be found in forest or parkland regions. In the fall, you can join Parks Canada on an elk bugling adventure in the woods. Spot elk in:

- ➔ Riding Mountain National Park
- ➔ Assessippi Provincial Park



2. Wolves

While it may be difficult to catch a glimpse of a wolf, you may be able to hear one in the wilder parts of Manitoba. They are intelligent, highly sociable and survive by working together as a group. Resident wolf populations are found in:

- ➔ Riding Mountain National Park
- ➔ Whiteshell Provincial Park
- ➔ Thompson and other parts of Northern Manitoba



3. Bald Eagle

This eagle's white head is a striking contrast to its dark brown body. They build their huge stick nests in forests and they migrate along large river valleys – like the Red or Pembina Rivers. Look for bald eagles in:

- ➔ Hecla/Grindstone Provincial Park
- ➔ Whiteshell Provincial Park
- ➔ Riding Mountain National Park
- ➔ Pembina Valley Provincial Park



Photo: Ducks Unlimited Canada

4. Yellow Headed Black Bird

Look for the distinctive colouring and listen for the unique call of this bird that nests in reeds directly over the water while paddling through the marsh at:

- ➔ Oak Hammock Marsh



Photo: Enviro Foto

5. Hognose Snake

This snake gets its name from its upturned nose scale. While its prey includes Manitoba's only native lizard, the northern prairie skink, this snake is non-poisonous and is also typically non-aggressive. Watch for this snake in:

- ➔ Spruce Woods Provincial Park

6. Red Sided Garter Snakes

During warm sunny spring days and later in the fall, tens of thousands of red-sided garter snakes congregate at the surface of their winter dens. The spring brings furious mating of up to 75,000 snakes, while the fall migration is more low key. See the red-sided garter snakes at:

- ➔ Narcisse Wildlife Management Area





NORTHERN
ADVENTURES



Northern lights over Pisew Falls
Provincial Park photo by Instagram
contest winner Cody Fjeldsted
@cody.fjeldsted

YOUR NORTHERN ADVENTURE STARTS HERE



©Yvette Cardozo



©Simon Gee/Canukimages.com



©Eric Lindberg

For over 30 years Frontiers North has been offering expert-guided journeys in Churchill, Manitoba that celebrate the wildlife, history, and culture of this part of Canada's incredible north.

Join us on an inspiring adventure in the beautiful north, where polar bears roam and spar right outside your window, beluga whales sing and swim by the hundreds, the northern lights dance across the night sky, and the vast tundra surrounds you as far as the eye can see.

Contact us today to learn more about these unique experiences that will leave you in awe of the beauty of Canada's north.



CONTACT US TODAY: Info@frontiersnorth.com

TOLL FREE: 800 663 9832

INTERNATIONAL PHONE: 204 949 2050

WEBSITE: www.frontiersnorth.com

Churchill's Wonderful **WILDLIFE**



Photo: Max Muench

On the edge of the Arctic lies the town of **Churchill**, a community surrounded by some of the world's most impressive wildlife.

Known as the polar bear capital of the world, you can see bears in the Churchill area during the summer and fall. Once the ice covering Hudson Bay melts, the bears return to their summer habitat on the tundra. And as the weather grows colder, the bears gather along the shore of Hudson Bay waiting for the ice to freeze again – giving them access to their winter hunting grounds. See these massive predators by tundra vehicle in fall, by boat in summer or on foot at a remote eco-lodge outside the town in either of those seasons.

Another of Churchill's wildlife wonders are the thousands of curious, friendly beluga whales that migrate to the area during the summer months. Choose a boat tour or opt for a kayak, snorkel or paddleboard excursion. Boat tours also include the opportunity to hear the whales' songs as an underwater microphone projects the chirps, clicks and whistles that have earned belugas the nickname, sea canaries.

There is more wildlife to be seen in Churchill, including Arctic, silver and red fox, caribou, Arctic hare, ptarmigan and hundreds and thousands of birds and geese that nest or pass through the area.

Choose from a multi-day tour or build your own itinerary with à la carte options for exploring Churchill and the surrounding area.

For help planning a Churchill wildlife safari, send us an email at contactus@travelmanitoba.com



Photo: Bonnie Flamer



*Come face-to-face
with* **BELUGAS**

SEA NORTH TOURS

Experience the unspoiled wilderness of Churchill, home to an incredible amount of beluga whale activity, with this local family business specializing in beluga whale watching tours. Choose from kayak, snorkel or stand up paddleboard tours.

seanorhtours.com

Photo: Renato Granieri



The ULTIMATE ARCTIC ADVENTURE

Explore the wonders and wildlife with **Lazy Bear Expeditions**. Summer or fall, the star of the show is Canada's most majestic beast, the polar bear.

^ **The perfect shot completes the perfect moment in Churchill**

In fall, specially designed Arctic Crawlers™ take you out along the coast of Hudson Bay. You might get the feeling that you're the one being watched as curious bears approach without fear. Keep an eye out for other wildlife, like Arctic fox, Arctic hare and camouflaged ptarmigan.

In summer, experienced guides will take you by boat to a remote point on Hudson Bay to view polar bears in their summer habitat, walking along the rocks or going for a swim.

Along the same shoreline, thousands of the 60,000 beluga whales that are found in the area come to feed, mate and give birth in the warmer waters of the Churchill River. Pods of friendly whales will follow your boat, their underwater songs the soundtrack for your adventure. You can even share a smile with these friendly whales on a snorkeling or kayaking excursion.

lazybearexpeditions.com



Photo: James E Hegge

📍 LAZY BEAR LODGE & CAFÉ

Come back from each day's adventure to stay at the unique Lazy Bear Lodge, an authentic northern wonder. Lazy Bear Lodge is as unique an adventure as the expedition you choose. You'll get all the modern amenities in log cabin style rooms at this eco-friendly northern lodge, creating a warm and cozy environment in the midst of the wilderness.

Feel the warmth of the stone fireplace as you enjoy delicious, local cuisine and speciality coffees in a one-of-a-kind dining room.



COLOURS OF CHURCHILL

From the blooming magenta fireweed to the fiery orange lichen covering the rocky landscape to the crisp white of the windblown tundra, there is no shortage of beauty in Churchill. Especially true now, thanks to the addition of 18 murals painted by artists from around the world. These striking depictions of Churchill's culture, history and wildlife span 30 kilometres along the Hudson Bay.

▼ Mural by Brazilian artist, Arlin

Photo: Tre Packard



When you finally make the trip to Churchill

**TAKE A SCENIC FLIGHT WITH
US AND SEE ALL THE SIGHTS!**



Hudson Bay
HELICOPTERS

© Brad Josephs

Take an unforgettable helicopter flight across taiga, tundra and boreal forest into the realm of the majestic polar bear. Our flight routes are adapted daily to follow the migration path of the animals. Our friendly & knowledgeable pilots will provide you with interesting and enlightening commentary and answer all your questions during the flight. Along the way, you may see moose, caribou, seals, arctic fox and many more of the diverse creatures that inhabit this pristine wilderness.

Hudson Bay Helicopters is owned and operated by Prairie Helicopters Inc.



**290 Kelsey Blvd.
Churchill MB R0B 0E0
204-675-2576
hudsonbayheli.com**



TAKE A HIKE IN POLAR BEAR COUNTRY

CHURCHILL WILD

Walk with polar bears during an Arctic safari on the Hudson Bay coast. Experience life-changing wildlife encounters and world-class service, accommodations and cuisine from the only fly-in polar bear eco-lodges on the planet. Exhilarating, exclusive, incredible.

churchillwild.com

Photo: Michael Poliza



Experience your **ARCTIC DREAM**



There is a certain haunting beauty in Churchill. The dream of viewing polar bears and experiencing this remote community on the edge of Hudson Bay comes to life with **Great White Bear Tours**.

The drivers and guides are highly knowledgeable about the area and share information on local customs during the 35 km drive from the town to the launch site of the Polar Rovers. These huge six-wheeled tundra vehicles come complete with luxurious plush seats that rival a city tour bus. With a cap of 24 guests per Polar Rover, you and everyone else onboard will appreciate a window seat, enjoying unobstructed views and a perfect perch for photographing the bears. Or head out onto the viewing deck to get up close and personal with the bears. You might even lock eyes with one of these magnificent animals as it peers up from beneath the floor grate on the rear viewing deck or props itself on the side of the Polar Rover to get a closer look.

Great White Bear Tours is committed to excellence and service. The company's owners, Don and Marilyn Walkoski, have been designing, building and perfecting their Polar Rovers, refining the visitor experience and managing their environmental footprint for over 25 years.

For a unique, innovative accommodation in Churchill, stay at Great White Bear Tour's mobile Tundra Lodge – the most remarkable way to immerse yourself among the polar bears. Aboard this rolling hotel fashioned after train sleeper cars, enjoy an individual cabin with sleeping berths, complete with your own private window through which to watch bears and if you're lucky, the northern lights too!

greatwhitebear.com



- ^ Custom-built by Great White Bear Tours, the Aurora Pod offers great views of the northern lights
- > Stay at the Tundra Lodge for an immersive Arctic adventure



5 TIPS when flying in the NORTH

Flying in the North is an incredible, sometimes once-in-a-lifetime experience. And although amazing, the true North brings its own unique challenges when you travel.

Calm Air offers regular scheduled service from Winnipeg to northern communities in Manitoba and the Kivalliq region of Nunavut and has been flying for more than 55 years, so they know a thing or two about flying in the North. Here are a few tips to help you get the most out of your next flight, and ultimately, your amazing northern Manitoba destination.



^ Get a new perspective on the landscape of the North on a Calm Air flight

1. Check your baggage

Calm Air currently offers 50 lbs free checked baggage so take advantage of that unique perk, because carry-on sizes are limited.

2. Arrive on time

Give yourself extra time when you leave your home so that you arrive at the airport check-in counter at least 90 minutes before your flight departs.

3. Keep your coat

Travelling to northern communities in winter is quite simply, cold! When you exit the aircraft, you will be outdoors, so if you checked your coat in your baggage before flying, you may regret that decision.

4. Bring your whole family

Make memories with the people closest to you. Take advantage of Calm Air's Family Travel Plan which gives families of three or more reduced rates when travelling between our northern Manitoba communities and Winnipeg.

5. Get your camera ready

Whether you fly over Winnipeg, The Pas, Flin Flon, Thompson, Gillam or Churchill, the aerial views of this beautiful province will take your breath away. But listen to instructions from the flight attendant and don't forget to keep your device in airplane mode.

calmair.com



NORTHERN LIGHTS

Photo: Alex de Vries

Manitoba's North offers spectacular viewing of one of nature's most incredible sights: the dancing lights of the aurora borealis.

While Churchill is considered one of the top three places in the world to view the lights, the entire swath of Manitoba's North offers amazing views. Our clear cold winters are the best time to view the lights, however they can be seen during any season.

Here are some ways to experience the northern lights in Churchill, with structures and packages dedicated to northern lights viewing.

Watch the skies shimmer above you with 360-degree views from the **Aurora Pod**, a custom made viewing structure by **Great White Bear Tours** for Natural Habitat Adventures. Glass walls extend to a glass ceiling offering incredible views.

Join working scientists on a **learning vacation** at the **Churchill Northern Studies Centre**. Watch from the comfort of the heated viewing dome in the shadow of 1950s rocket launch towers.

The **Aurora Lounge** from **Frontiers North Adventures** is set on the edge of the boreal forest. Get comfy inside the lounge or go up to the rooftop observation deck to set up your tripod and camera for completely unobstructed views. And you can also feast under the lights of the aurora borealis with select departure dates at an exclusive pop-up restaurant located inside the Fort Prince of Wales National Historic Site. **RAW:churchill** sets up for a limited run March 2-10 as some of Canada's best chefs create an unforgettable meal served in a structure with a transparent roof to make the most of the view.

Owned and operated by the **Churchill Hotel**, the **Aurora Domes** are Plexiglas "bubbles" located just far enough away from the lights of the town. Observe the night sky from inside the heated structure, enjoying light snacks until the show begins.

Follow us on Instagram @TravelManitoba for incredible northern lights images from across Manitoba.



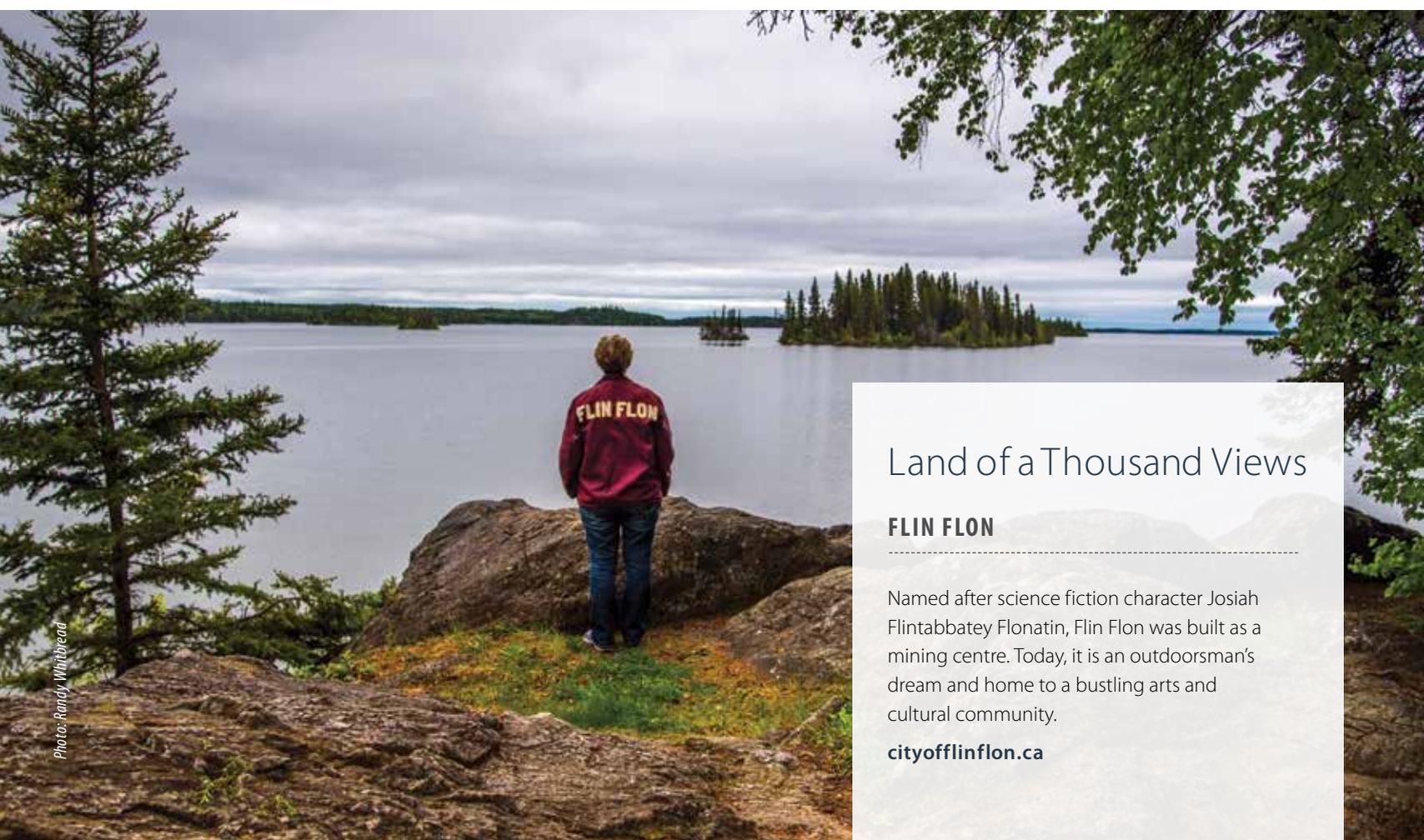


Year-Round Outdoor Adventure

SNOW LAKE

Snow Lake is one of the best towns in Northern Manitoba for fishing and exploration. With many lakes, trails and climbing opportunities, this community offers incredible year-round options for outdoor adventure.

snowlake.ca



Land of a Thousand Views

FLIN FLON

Named after science fiction character Josiah Flintabbatey Flonatin, Flin Flon was built as a mining centre. Today, it is an outdoorsman's dream and home to a bustling arts and cultural community.

cityofflinflon.ca

NORTHERN ART and HERITAGE

In the North, the people and the land are intrinsically linked. Get a glimpse into the art, heritage and cultures that have shaped this broad region.



York Factory National Historic Site ^



Art

The Northern Buffalo Art Gallery in Cranberry-Portage is home to the work of local Irvin Head. The gallery is a hidden gem for soap stone and wood carvings and frequently features guest artists.

Follow **Thompson Spirit Way**, a 2.5 km walking and biking trail that features 16 points of interest, offering a historical and educational glance at the region. Plus, along the way see painted wolf statues and the world's largest lit mural of a Robert Bateman painting.



Admire the extensive collection of contemporary Inuit art at the **Itsanitaq Museum** in Churchill, also home to artifacts and carvings tracing the history of the Pre-Dorset, Dorset and Inuit peoples dating back to 1700 B.C.E. As an added bonus, the museum gift shop is rich with northern books, Inuit art, plus local carvings, prints, beaded mitts, moccasins, mukluks and stone cut prints.

Heritage

The **Sam Waller Museum** in The Pas features curiosities and collectibles displayed alongside the rich history of the North. The museum's exhibits cover geological formations of the region, Indigenous history, the fur trade and Métis history.

The **Heritage North Museum** in Thompson combines Indigenous traditions with mining history and nature exhibits to create a well-rounded museum on the region. The museum excels in Indigenous artifacts including an authentic caribou hide tipi.

Take a thrilling jet boat ride from Gillam with Nelson River Adventures to **York Factory National Historic Site**, watching for wildlife along the way. A fur trade depot going back to 1684, you can visit remains of what was once a bustling community. Wander through the depot building – Canada's oldest wooden building on permafrost – and see artifacts recovered from the site.

For more on the culture and heritage of the North, visit our website at travelmanitoba.com.

< **The world's largest lit mural of a Robert Bateman painting in Thompson**

Photos: BCRobyn

WHERE LEGENDS **COME ALIVE**

Plunge into the era of empires and explorers at the **Prince of Wales Fort National Historic Site**.

Poised boldly on a jagged peninsula in Churchill, this 300-year-old fortress was established by the Hudson Bay Company. An unthinkable relic of the 18th-century fur trade era, this stone fort at the edge of the windswept Hudson Bay is what legends are made of.

A Parks Canada guided tour during the months of July and August is your chance to explore the ramparts and centuries-old graffiti – eloquently carved signatures of historic people who passed through the walls. Your tour – complete with polar-bear monitoring to ensure your safety – will feature great tales of Indigenous heroes and celebrated settlers, along with glimpses into everyday life. You'll see the marks on the stones where labourers hand-bored holes to insert and ignite gunpowder – a loathsome duty that was rewarded with an extra ration of rum.

Climb to the top of the massive stone parapets, where cannons point in all directions across the land and sea. Learn how the English surrendered the fort to the French in 1782 without a shot being fired. Blazing purple fireweed surrounds the fort in summer while white beluga whales stand out against the waters of Hudson Bay. A tour of Prince of Wales Fort with a Parks Canada interpreter is a perfect complement to a whale watching boat tour – this is your chance to touch a grand vestige of history that makes Churchill Canada's most epic destination.

parkscanada.gc.ca/princewalesfort



- ▼ **It took 40 years to build the fort, although it was never truly finished**

Photos: Parks Canada





FESTIVALS & EVENTS



TD Winnipeg International Jazz Festival
photo by Instagram contest winner Chris Ford
[@chrisfordphotographics](https://www.instagram.com/chrisfordphotographics)



Photo: Darcy Finley

World's Largest Multicultural Celebration

FOLKLORAMA

August 5-18, Winnipeg

Experience this memorable multicultural festival by visiting over 40 pavilions where you will be captivated by dance, cuisine, art, language, stories and music.

folklorama.ca



It's Fun! It's Free!

MORDEN CORN & APPLE FESTIVAL

August 24-26

The largest street festival in Manitoba is known for its free local hot buttered corn on the cob, free apple juice, along with free admission, free parking, free bus tours, free entertainment, free children's tent and so much more!

cornandapple.com

FESTIVALS & EVENTS

There is no shortage of festivals, events and reasons to celebrate in Manitoba all year long. For a full listing of Manitoba events, go to TravelManitoba.com/events or visit our blog for a weekly roundup of things to do.

SNOWDANCE FESTIVAL OF MUSIC + WINTER

JANUARY 19-21

Whiteshell Provincial Park

The chalet at the base of the Falcon Ridge Ski Slopes is hopping with live music, while the fun continues outdoors with winter skills workshops, like igloo building. Sign up for the curling funspiel or drop in for the Saturday night party that takes over the Falcon Lake bar.

falconridgeski.com/snowdance-festival



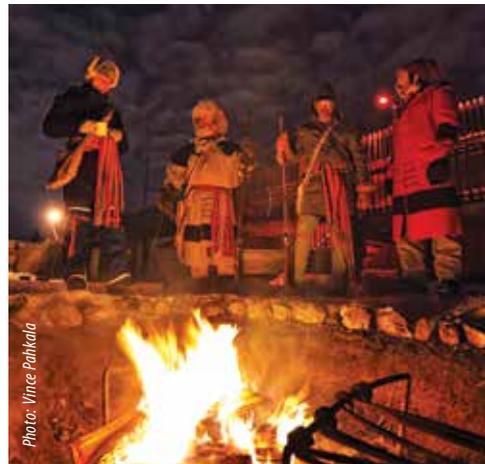
NORTHERN MANITOBA TRAPPERS' FESTIVAL

FEBRUARY 14-18

The Pas

For more than 70 years, King and Queen Trapper competitions have been testing the skills required to thrive in the North – moose calling, trap setting, canoe packing, tea boiling, log throwing and more. Plus, take in the World Championship Dog Race, the ice fishing derby, street festival and many more family-friendly activities.

trappersfestival.ca



FESTIVAL DU VOYAGEUR

FEBRUARY 16-25

Winnipeg

Hé ho! The historic Fort Gibraltar throws back to the fur trade era with a 10-day party featuring dynamic live musical performances, show stopping snow sculptures, French Canadian fare and historical re-enactments that bring the voyageurs' joie de vivre to life.

festivalvoyageur.mb.ca

GIMLI ICE FESTIVAL

MARCH 3-4

Gimli

Embrace the elements and your inner Viking in the heart of New Iceland. Watch the Viking warfare demonstrations, take in the ice car races and the frozen fish toss. There are family fun activities, live entertainment, plus borscht and chilli contests.

gimliicefestival.com



ROYAL MANITOBA WINTER FAIR

MARCH 26-31

Brandon

Touch, feel and experience agriculture by spending your spring break at this indoor agricultural fair and equestrian show. Watch horse competitions, tour the exhibitor tradeshow and get swept up by the family-friendly excitement complete with live entertainment and hands-on activities.

royalmanitobawinterfair.com

LA RIVIÈRE RAPTOR FESTIVAL

APRIL 21

La Rivière

Witness the spring migration of eagles, hawks, falcons and owls through the scenic Pembina Valley. This free festival includes guided walking tours, live birds on display, educational displays and kids' crafts and activities.

centrallmbtourism.ca

SUGARING OFF FESTIVAL

APRIL 7-8

St. Pierre-Jolys

The arrival of spring is reason to party! Enjoy maple taffy tastings at the Cabane à Sucre, horse-drawn wagon rides, sing-a-longs and craftsmanship demos.

museestpierrejolys.ca



MANITO AHBEE FESTIVAL

MAY 16-20

Winnipeg

Watch the impressive display of talent and colour at the International Pow Wow and the Indigenous Music Awards. Take home a piece of authentic artwork from the Indigenous Marketplace.

manitoahbee.com

PRIDE WINNIPEG

MAY 25 - JUNE 3

Winnipeg

Celebrating inclusiveness, this festival features a rally and parade that ends at festival headquarters at The Forks. Take in family activities, shop at the PrideMART and party at the Queer Beer Beverage Tent.

pridewinnipeg.com



KIDS FEST

JUNE 7-10

Winnipeg

Let your imaginations run wild at The Forks as this festival of fun features loads of activities. Kids can climb through an obstacle course, master the art of hula hooping, try different musical instruments between catching performances that include musicians, storytellers and comedians.

kidsfest.ca



Photo: Andrew Gilbert McInranth

MEDIEVAL FESTIVAL

JULY

Cooks Creek

See full contact jousting, heavy combat in armour, fire dancing and archery at this biennial festival at the historic Immaculate Conception Church & Grotto. Hang out in the Garden of Ale dressed in medieval garb.

immaculate.ca



WINNIPEG FRINGE FESTIVAL

JULY 18-29

Winnipeg

See hundreds of different performances in venues around Winnipeg's downtown and Exchange District. Choose from improv or sketch comedy, musicals or solo shows and don't forget to catch the free performances at Old Market Square.

winnipegfringe.com



Photo: Dave McKnight

GIMLI FILM FESTIVAL

JULY 25-29

Gimli

Watch blockbusters on the beach as the giant screen set up in Lake Winnipeg comes to life when the sun sets. Other venues around town showcase a range of features, documentaries and shorts from Canadian and international filmmakers.

gimlifilm.com



CANADA'S NATIONAL UKRAINIAN FESTIVAL

AUGUST 3-5

Dauphin

Selo Ukraina, a living museum, comes to life during this event featuring an abundance of Ukrainian food, performances showcasing Ukrainian culture, amateur talent competitions and activities for kids.

cnuf.ca

ARTIST STUDIO TOURS

VARIOUS DATES

Various locations

Choose a region and then travel its back roads to discover where art happens. Whether it's an art exhibit set up in a barn on the Boreal Shores Art Tour, an inside look at a potter's studio on the WAVE Interlake Artists Tour, a close up on handmade jewelry at the Pembina Valley Studio Tour or browsing for the perfect piece during the Prairie Ripples Art Tour in and around Portage la Prairie, there is plenty of opportunity to discover Manitoba's local art and artists.

watchthewave.ca
pembinavalleystudiotour.com
borealshoresarttour.ca
prairieripples.com



PIONEER DAYS

AUGUST 3-6

Steinbach

Celebrate pioneer life with interpretive demonstrations, including butter churning, log cutting and steam-powered threshing at the Mennonite Heritage Village.

mennoniteheritagevillage.com



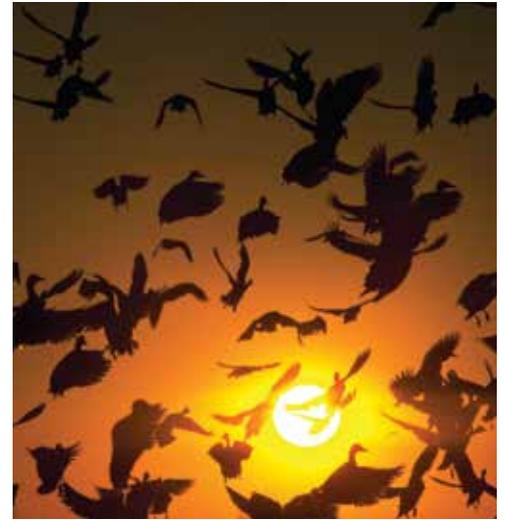
CULTURE DAYS

SEPTEMBER 28-30

Various locations

Communities across the province show off their creativity and passion for culture during a weekend packed with free events, including everything from art shows to street dances. Find an activity in Winnipeg, Portage la Prairie, Morden, Gimli, Dauphin or Flin Flon.

mb.culturedays.ca



MIGRATION FESTIVAL

OCTOBER 30

Oak Hammock Marsh

Watch as hundreds of thousands of migrating waterfowl fly-in during their annual trip south. The festival features bird banding and horse-drawn wagon rides.

oakhammock.ca



Photo: Chris McIvor

HOLIDAY ALLEY

NOVEMBER 30-DECEMBER 1

Selkirk

The holiday spirit comes to old downtown Selkirk, as the lights twinkle above the streets filled with music, art and creativity. Enjoy and buy art and crafts, get a family photo with Santa outside, learn to dance in your boots in the snow.

holidayalley.ca



VISITOR INFORMATION

Let us help you plan your visit

Make sure your first stop is at a Manitoba visitor information centre. Our friendly Travel Counsellors are happy to provide assistance and information to help you plan your trip or find out more about the amazing experiences Manitoba has to offer.



THE FORKS, WINNIPEG

A full-service information centre situated in the heart of Winnipeg at The Forks, adjacent to Johnston Terminal.

Open year round
9 am – 5 pm daily*

*Open later during special events

t: 204-927-7800
e: contactus@travelmanitoba.com
travelmanitoba.com

CANADA/UNITED STATES BORDER HWY. 75, EMERSON

Mid-May to Labour Day:
9 am – 6 pm daily

September to mid-May:
9 am – 5 pm Thursday to Monday

t: 204-373-2822

MANITOBA/ONTARIO BOUNDARY HWY. 1, WHITESHELL

Mid-May to Labour Day:
9 am – 6 pm daily

Labour Day to Thanksgiving:
9 am – 5 pm Thursday to Monday

t: 204-349-2212

MANITOBA/SASKATCHEWAN BOUNDARY HWY. 1, KIRKELLA

Mid-May to Labour Day:
10 am – 6 pm daily

t: 204-349-2212

PARKS CANADA, WINNIPEG

Parks Canada Kiosk is located in the Travel Manitoba Information Centre at The Forks.

toll free: 1-888-773-8888
parksCanada.ca

TOURISM WINNIPEG

t: 204-943-1970
toll free: 1-855-PEG-CITY
e: info@tourismwinnipeg.com
tourismwinnipeg.com

TOURISME RIEL, WINNIPEG

Mid-May to Labour Day:
9 am – 5 pm daily

Labour Day to mid-May:
9 am – 5 pm Monday to Friday

t: 204-233-8343
toll free: 1-866-808-8338
e: info@tourismeriel.com
tourismeriel.com

BOISSEVAIN TOURISM INFORMATION CENTRE

Mid-May to Labour Day:
10 am – 6 pm daily
t: 204-534-6303

RIVERBANK DISCOVERY CENTRE, BRANDON

Mid-May to Thanksgiving:
8:30 am – 8 pm weekdays;
11 am – 8 pm weekends

Thanksgiving to mid-May:
8:30 – 5 pm weekdays;
12 pm – 5 pm weekends
and holidays

t: 204-729-2141
toll free: 1-888-799-1111
riverbank.mb.ca

RUSSELL VISITOR CENTRE

Mid-May to Labour Day:
10 am – 6 pm daily

Labour Day to Thanksgiving:
10 am – 4 pm weekdays

Thanksgiving to mid-May:
10 am – 2 pm weekdays

t: 204-773-2456
e: chamber@russellmb.com
russellbinscarth.com

CHURCHILL VISITOR CENTRE

Summer:
11 am – 3 pm Monday to Saturday

Winter:
5 pm – 9 pm Monday to Saturday

e: churchillchamber@mymts.net
churchillchamberofcommerce.ca

HERITAGE NORTH MUSEUM, THOMPSON

July to August: 9 am – 5 pm daily

September to June:
1 pm – 5 pm Monday to Saturday

t: 204-677-2216
e: hnmuseum@mts.net
heritagenorthmuseum.ca

NEW ICELAND HERITAGE MUSEUM - LAKE WINNIPEG VISITOR CENTRE, GIMLI

Mid-May to Labour Day:
10 am – 4 pm 7 days a week

t: 204-642-7974
e: nihm@mts.net
nihm.ca



Manitoba

At the longitudinal centre of Canada

SIZE:

649,950 sq km
(250,000 sq mi)

POPULATION:

1.3 million

ECOZONES:

Prairie, boreal plains, boreal shield,
taiga shield, Hudson plains

LAKES:

100,000+

PROVINCIAL PARKS & PARK RESERVES:

93

NATIONAL PARKS:

2

CANADIAN HERITAGE RIVERS:

4

*Red River, Bloodvein River,
Hayes River, Seal River*

TIME ZONE:

Central Standard Time



CLIMATE

Manitoba boasts four distinct seasons thanks to its continental climate.

Average summer temperatures: +26°C (79°F).

Average winter temperatures: -12°C (10°F).

2,300 hours of sunlight annually.

Average annual precipitation: 497 mm (19.5 in).



LANGUAGE

Manitoba's official languages are English and French.

English is the most spoken language throughout the province and there are 17 bilingual municipalities in the province.

Many service providers in Winnipeg and throughout the province offer service in English and French.



TAXES & TIPPING

Goods and services purchased in Manitoba are subject to an 8% Provincial Sales Tax (PST) and a 5% Federal Goods and Services Tax (GST).

Many cities in the province also charge an accommodation tax (5% in Winnipeg; 5% in Thompson; \$3 flat fee in Brandon).

Tipping between 10 and 20 percent is customary for services provided in Manitoba, including taxi drivers, tour guides, hotel staff and meal service. Gratuity is generally not included on the bill.





ABOUT MANITOBA



LIQUOR & SMOKING LAWS

The legal age for alcohol consumption is 18 years. Spirits, wine and beer are available at Manitoba Liquor Marts, private wine stores and hotel beer vendors. Open liquor must be transported in the trunk of a vehicle.

Smoking is prohibited in all public places including restaurants, bars, malls and sporting events.



MOBILE COVERAGE

Wireless coverage is available in the majority of populated areas. Many establishments offer free wifi. Outside of populated areas, coverage is not guaranteed, and those planning backcountry treks should not rely on cellular access.



TRANSPORTATION

IN WINNIPEG:

Taxis and Winnipeg Transit service locations throughout the city. There is a free shuttle throughout the downtown area. Bus tours can be reserved in advance.

OUTSIDE WINNIPEG:

Charter services can be booked in advance. Visit **ViaRail.ca** to see a list of communities serviced by train or **GreyHound.ca** for those serviced by bus. Air access is available to Northern Manitoba destinations.



PROVINCIAL PARKS

Park Vehicle Permits must be displayed year-round in provincial parks. Permits are available at all park campground and district offices and most business locations in provincial parks that sell fishing and hunting licences. Campgrounds and other accommodation in parks should be reserved in advance.

PARKS RESERVATION SERVICE

t: 204-948-3333 toll free: 1-888-482-2267

manitobaparks.com



PARKS CANADA

Parks passes are available at all Parks Canada locations or can be ordered online. Starting January 1, 2018, admission to Parks Canada places for youth 17 and under is free. Campsites and guided programs are not included and should be booked in advance.

toll free: 1-888-773-8888

parkscanada.ca

> Manitoba is a top whitewater kayak destination

PACKAGES & DEALS



\$2.00 OFF any appetizer & \$3.00 OFF any entrée

These offers cannot be combined with any other offers but may be used together. No cash value. One time use only. Not valid on holidays.

Use code: TravelMB2018. Expires December 1, 2018.

clayoven.ca | (204) 982-7426



Enjoy a weekend getaway with Delta Hotels Winnipeg

Experience premium 4-star service at Delta Hotels Winnipeg and take advantage of our Weekend Staycation Package, which includes a \$25 food and beverage credit, complimentary self-parking and late checkout.

marriott.com/ywgdw | (204) 942-0551 or 1-888-311-4990



33 unique day tours exploring Manitoba!

From Mystery Tours to Theatre and Railway Fall Suppers – there is something for everyone. Visit fehrwaytours.com for package details.

Find us and Like us on Facebook!

fehrwaytours.com | (204) 989-7011 or 1-800-263-3691



Fort Dauphin Museum

Visit a pioneer home, trapper's cabin and blacksmith shop at this fur trade era replica post.

Children (12 and under) are free when accompanied by an adult.

fortdauphinmuseum.wordpress.com | (204) 638-6630



A relaxing getaway at the Honeycomb B&B!

Receive a 10% discount when booking a 3-night stay in the Honeycomb Suite, self-contained with private entrance that sleeps up to 5 people and includes satellite TV. Excludes breakfast.

honeycombbbclearlake.com | (204) 848-2345



10% OFF rodeo tickets at the Manitoba Stampede

Use code "Rodeo10" to receive 10% off total order to the greatest professional rodeo in Manitoba.

Valid January 1, 2018 - June 30, 2018.

manitobastampede.ca | (204) 746-2552

PACKAGES & DEALS



Travel back in time with us

Hitch up your horses and head down to our turn-of-the-century village. Visit one of the only functioning windmills in Canada. Experience all of this with your family for \$30.

mhv.ca | (204) 326-9661



Redeem this coupon for 10% OFF 2-night group bookings

Moon Gate Guest House is a perfect weekend getaway for groups of 10 or more for your special retreat. Quilters, yogis, artists, paddlers and health practitioners will find Moon Gate inspiring.

moongateguesthouse.ca | (204) 348-2473



Experience New Iceland Heritage Museum 2 for 1 admission

Redeem this coupon upon entrance into the New Iceland Heritage Museum and receive 2 admissions for the price of 1!

Valid April 1 - June 30, 2018. One coupon per family.

nihm.ca | (204) 642-4001



Special 4-pack pricing available for 2018 events

Join us during 2018 for a fun trip onboard one of North America's oldest operating steam locomotives. Special discounts available for tickets booked in groups of 4. Call for further details.

Children (12 and under) are free when accompanied by an adult.

pdcrailway.com | (204) 832-5259



FREE child ticket for Summer or Winter Fair

Redeem this coupon at the gate of the Royal Manitoba Winter Fair or the Manitoba Summer Fair for 1 FREE gate admission for a child age 6-12 years.

Valid March 26 - June 10, 2018. One per person.

provincialexhibition.com | (204) 726-3590



Luxurious four-season cabin getaway

Book a 2-night stay and receive the 3rd night FREE! Not including statutory holidays and subject to conditions

Valid January - June 2018.

riversedgeresort.ca | (204) 348-(RENT) 7368

PACKAGES & DEALS



Camp 2 consecutive nights get a free family day pool pass

Must reserve campsite and use pool pass in 2018.

Coupon provided has no actual cash value.

altona.ca | (204) 324-9005



Your warm welcome awaits you!

While visiting, enjoy our indoor pool, whirlpool and sauna. Dine at our onsite restaurant and lounge or visit our bowling lanes. Stay & Save \$96.99+ taxes.

Not valid with other specials or News Year's Eve.

travelodgewinnipeg.com | (204) 255-6000



Experience the beauty and wonder of Canada's north!

Call the Tundra Inn home while you explore all that Churchill has to offer throughout the seasons.

Contact the Tundra Inn for more information about our incredible adventure packages.

tundrinn.com | 1-800-265-8563



Journey to Churchill following a walk through time

Enjoy a 1 night stay, passes for 2 adults and 2 children for the Assiniboine Park Zoo and enjoy our Dino Beach Waterpark. Prices starting at \$169.99 plus taxes.

winnipeg.vicinn.com | (204) 786-4801 or 1-888-842-4667



Buy 1 ticket, receive child fare (6-12) FREE (\$15 value)

Enjoy 1-3/4 hour guided driving tour including an overview of Winnipeg's intriguing past, present and future, leading sites and attractions as well as famous personalities. Phone to reserve.

wonderfulwinnipegcitytours.com | (204) 470-1565



Save 20% OFF weekly concerts at the Winnipeg Symphony

From Beethoven to Bachman, the Winnipeg Symphony has something for every taste. Concerts most weekends, September to May. Visit wso.ca to see what's on.

Save 20% with code TOURIST.

wso.ca | (204) 949-3999

Dream a little dream...

DISCOVER WINNIPEG

Manitoba has more things to do and places to explore than you could ever imagine. Enjoy year-round festivals and cultural events, pro sports games, theatre productions, big-name concerts, and, of course, awesome shopping venues! Experience art galleries, museums, fine dining and more. Manitoba delivers four seasons of fun with loads to offer to kids of all ages! We're **NEWLY RENOVATED** and proud to welcome you, so be our guest! Holiday Inn has everything you need including a great night's sleep. Sweet dreams...



Holiday Inn

WINNIPEG SOUTH

1330 Pembina Hwy.
Tel. (204) 452-4747

1-800-423-1337

winnipegssouthholidayinn.com

BOOK NOW AND SAVE UP TO 20%

Call us for information about
our Inspiration Guide rate.
Some restrictions apply.



Become a member! Earn points and reap the rewards.



Holiday Inn

WINNIPEG AIRPORT WEST

2520 Portage Ave.
Tel. (204) 885-4478

1-800-665-0352

holidayinn.com/winnipeg-arpt



Viola Desmond

Photo courtesy of
1945 Beaton Institute,
Cape Breton University

for
sitting down
to take a stand

We tell her story #AtCMHR



CANADIAN MUSEUM FOR
HUMAN RIGHTS

humanrights.ca |   

Canada