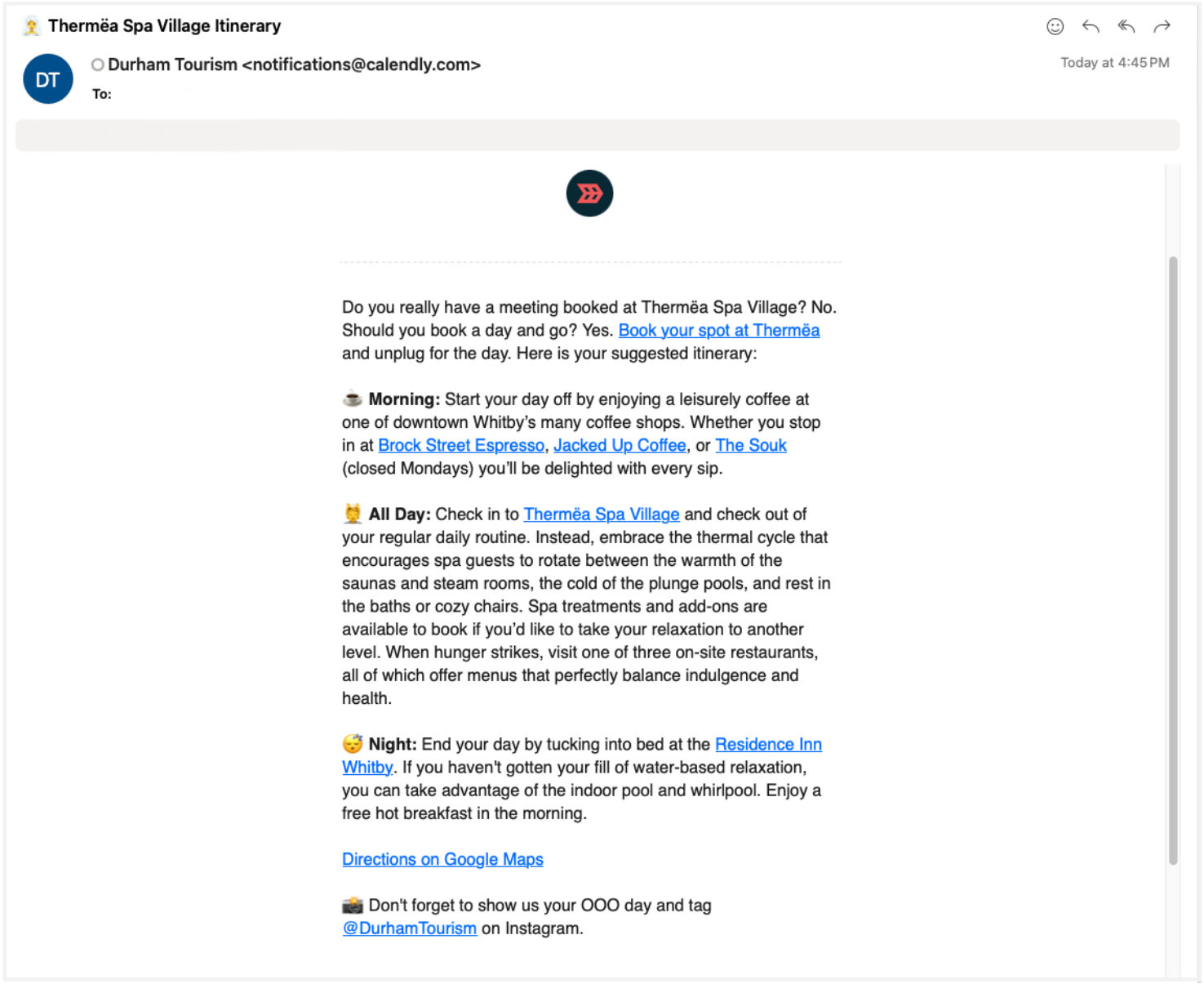

Thermëa Spa Village Itinerary

DT

Durham Tourism <notifications@calendly.com>

To:

Today at 4:45 PM

Do you really have a meeting booked at Thermëa Spa Village? No. Should you book a day and go? Yes. Book your spot at Thermëa and unplug for the day. Here is your suggested itinerary:

☕ **Morning:** Start your day off by enjoying a leisurely coffee at one of downtown Whitby's many coffee shops. Whether you stop in at Brock Street Espresso, Jacked Up Coffee, or The Souk (closed Mondays) you'll be delighted with every sip.

💆 **All Day:** Check in to Thermëa Spa Village and check out of your regular daily routine. Instead, embrace the thermal cycle that encourages spa guests to rotate between the warmth of the saunas and steam rooms, the cold of the plunge pools, and rest in the baths or cozy chairs. Spa treatments and add-ons are available to book if you'd like to take your relaxation to another level. When hunger strikes, visit one of three on-site restaurants, all of which offer menus that perfectly balance indulgence and health.

😴 **Night:** End your day by tucking into bed at the Residence Inn Whitby. If you haven't gotten your fill of water-based relaxation, you can take advantage of the indoor pool and whirlpool. Enjoy a free hot breakfast in the morning.

Directions on Google Maps

📸 Don't forget to show us your OOO day and tag @DurhamTourism on Instagram.